



Stone Arch at Weirs Community Park

Laconia Links

January 23, 2015 - Edition #169



Laconia Fire Department

Link to Fire Dept.'s Website [here](#)



Architect's Drawing of the Central Fire Station after renovations are completed!

Welcome to Laconia Links a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at info@city.laconia.nh.us

We look forward to keeping you up to date on our beautiful City!



At long last and after many months of planning, work is about to begin on the renovations to the Central Fire Station on North Main Street! This renovation and expansion will allow the Fire Station and its staff to continue its outstanding service to the City of Laconia's residents and visitors for many years to come.



Reminder!
The next recycling collection week begins **Monday, January 26th!**

Laconia Public Library Upcoming Events.....



Click on the image above to see what all the excitement is about! Download & stream free videos, music and audiobooks on your mobile device or computer.

Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information.

Please check the "Calendar" page often for updated info and changes.

*Become involved in your City
and make a difference!*



Meeting
in
Progress

City Council

January 26, 2015, 7:00 pm
City Hall, Room 200A
[Agenda](#)

Minor Site Plan Committee

January 28, 2015, 2:00 pm
City Hall, Room 200A

Water Commission

January 29, 2015, 8:00 am
117 Stark Street, Water
Treatment Facility
Conference Room

LACONIA SCHOOL DISTRICT

Ensuring success with every student, every day, in every way



[Laconia High School Website](#)



[Huot Career Tech Center Website](#)



[Laconia Middle School Website](#)



[Elm Street School Website](#)



[Pleasant Street School Website](#)



[Woodland Heights School Website](#)

WEEK AT A GLANCE IN LACONIA

1/26	1/27	1/28	1/29	1/30
ESS Spelling Bee 1:45 Grades 3,4,5	Cooking Matters for Families @ LMS - click here for details	Cooking Matters for Teens @ LMS - click here for details		



HUMAN BODY FAN CLUB COMES TO LHS

Laconia High School girls in grades 9-12 will learn about and experience a healthier body, mind, and spirit. We will practice yoga, strength training

and improve cardiovascular endurance. You will learn about healthier food options, recipes and what foods fuel your body not just what fills it.

We will have fitness training from yoga to Zumba, meditation and holistic stress management. We will create delicious and nutritious snacks, learn how to dress for success, practice personal care habits (hair, nails, skin), and participate in team building skills.

Members will receive a free t-shirt, water bottle and yoga mat! Click [here](#) for details.

NHJAG STUDENTS HIGHLIGHT MANUFACTURING

Laconia Middle School Jobs for America's Graduates 8th grade group wrote and produced a 3 minute movie called "What's so Cool about Manufacturing?".

They worked with NH Ball Bearing in Laconia and entered their movie in a competition with 8th graders from across the state through NH DRED. These students were excited to learn about cool jobs available 3 miles from their school. Please click [here](#) to enjoy the video and wish them luck. They will hear the results of the competition soon!



PLEASANT STREET FOCUSES ON BEATING THE WINTER BLUES FOR STUDENTS

Pleasant Street School held their monthly Taste Test Tuesday and students were able to sample chicken pepperoni.

They had a total of 230 students willing to try the sample with 224 students liking it and only 6 students disliking.

Also, in conjunction with the Friday afternoon ski program to Gunstock, students not participating in that program are able to take advantage of "Fun Friday Festivities" for the next 5 weeks. From 2:00 to 2:45 pm, several teachers and other community partners offer enrichment opportunities. Some, but not all, of the activities being offered are: snowshoeing, yoga, music movement, dance party, physical fitness, chess, finger knitting, Spanish, food science, and cribbage. Students are able to rotate through a couple different offerings over the 5 weeks with one week being a school-wide assembly with Larry Frates. Click [here](#) for a list of activities offered. Here's to trying to beat the winter blues!



JUMP START YOUR COLLEGE AND CAREER GOALS



Are you interested in jump-starting your college and career goals? Enrolling in a program at the Huot Career and Technical Center is the perfect way to get a head start on your future. Best of all, applying to the Huot Center is easy!

We are open to high school students from across the Lakes Region. If you are currently a sophomore, you can speak

with your guidance counselor for more information on programs at the Huot Center. First year (new) students apply directly to their high school guidance counselor. Parents can also be part of the process by exploring our website or attending our spring Open House in March, date TBA.

Returning Level II students apply through the Huot Center Office. Spots are limited and all students are advised to apply before the February 20th priority deadline. Students are encouraged to consider a second choice option should their first choice be full. Specific requirements for level II enrollment are listed in our handbook.



Follow Laconia School District on [Twitter](#)

**LACONIA
PARKS & RECREATION
DEPARTMENT**



**SLEDDING
PARTY!
Cancelled!**

The Sledding Party originally scheduled for Friday, January 23rd has been cancelled. Due to the icy and unsafe conditions, the sledding hill on South Street is closed until further notice (and hopefully more snow!).

We apologize for any inconvenience!

Call the Parks and Recreation Office at 524-5046 to check for further updates.



**Youth
Lacrosse
Signup!**

Laconia Youth Lacrosse Club Sign-Up will be held on Saturday, January 24th from 5:00 to 6:30 pm at Laconia High School.

Laconia Lacrosse has openings on all teams: Girls and Boys U9, U11, U13 and U15.

The cost to register is \$90.00 and any U9 players are registration free.

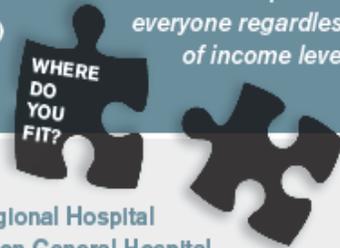
Questions? Please call Rod Roy at 520-4075.

Health Insurance Matters... Are You Covered?



- Health Insurance Marketplace
(Open Enrollment 11/15 – 2/15)
- NH Health Protection Plan

There's a plan for everyone regardless of income level!



FREE ENROLLMENT FAIR!

Sat, Feb. 14th, 9am – 1pm Franklin Regional Hospital

Sun, Feb. 15th, 9am – 1pm Lakes Region General Hospital

Be sure to bring:

- Social Security Number or a document number for legal immigrants
- Current paystub or W-2 Form for yourself, and anyone else in your household
- Current insurance policy numbers if you, or anyone in your household has insurance
- Green card and insurance form from your employer if you have health insurance access through your job.
- Username and password for Healthcare.gov if you've already created an account

Can't make it? Call for an appointment. We'll even come to you if you can't get to us!

- LRGHealthcare: 527.7171
- HealthFirst Family Care Center: 934.1464 Ext. 119
- ServiceLink Resource Center: 528.6945

Log on to CoveringNewHampshire.org for a complete list of enrollment fairs.

LRGHealthcare
care. compassion. community.
lrg.org

HEALTHFIRST
FAMILY CARE CENTER

ServiceLink
Ageing & Disability Resource Center



Laconia Police Department

[Link to Laconia PD here](#)

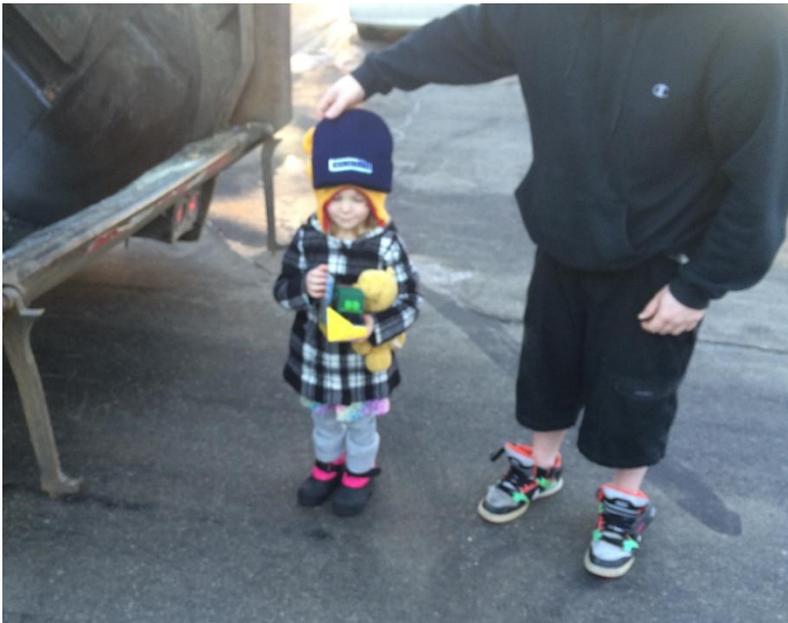


COMING SOON TO A NEIGHBORHOOD NEAR YOU!

It is a simple concept. Police and community members come together in an informal, neutral space to discuss community issues, build relationships, and drink coffee. In over 175 cities and towns in 36 states, "Coffee with a Cop" has done wonders for community trust, police legitimacy and partnership building.

Community members come to a local Coffee with a Cop event for a variety of reasons, but no matter why they come to their local event, they are likely to leave with a more positive impression of their local law enforcement agency. One of the keys to "Coffee with a Cop's" success is that it removes the physical barriers and crisis situations that routinely define interactions between law enforcement officials and community

members. Instead, it allows for relaxed, informal one-on-one interactions in a friendly atmosphere. This informal contact increases trust in police officers as individuals which is the foundation to building partnerships and engaging in community problem solving.



Shown (*left*) is four-year old Willow from Laconia who is fascinated with the solid waste trucks that pick up the trash in her neighborhood!

After being contacted by Willow's mom, Casella Waste Systems' employees surprised the birthday girl with a special stop at her house where she got to tour the truck and learn how it all works.



Happy Birthday Willow!

Public Works Department

PLEASE HELP SAVE THE SEWER SYSTEM

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.

Your assistance is greatly appreciated!



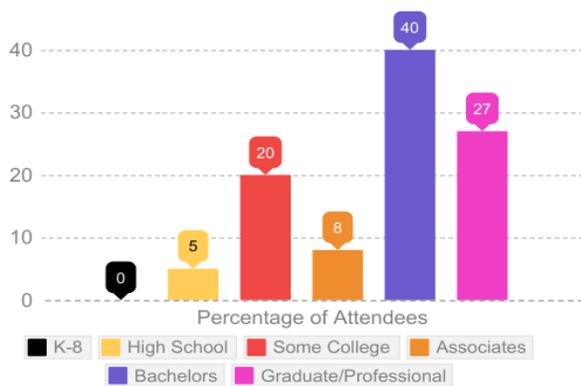
Re-Imagine Laconia October 2014 Community Forum

Were you there?

Look at who was!

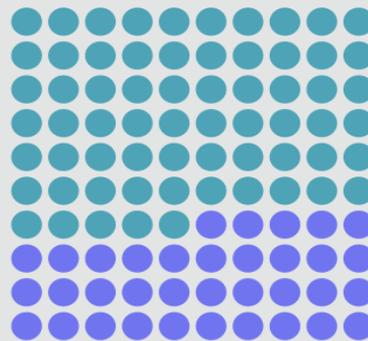
Does this represent YOUR Laconia?

DEMOGRAPHIC BREAKDOWN



EDUCATION LEVEL

The forum was attended by members of the community with a wide range of education levels.



Male Female

GENDER

Of the 100 participants at October's Community Forum, 65% were male, while 35% were female.

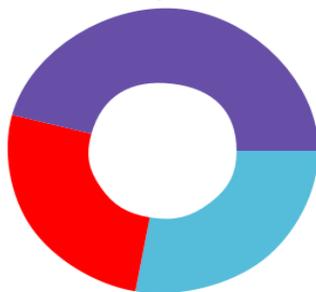
Political Leanings

Politically Moderate

45.9% of respondents self-identified as "Politically Moderate"

Conservative or Somewhat Conservative

26.2% of respondents self-identified as "Conservative or Somewhat Conservative"



Liberal or Somewhat Liberal

27.8% of respondents self-identified as "Liberal or Somewhat Liberal"

Liberal (28%) Conservative (26%) Moderate (46%)

FUN FACTS

AGE



Average Participant Age: 57.4 years old

WORK



About 26.2% of respondents identified as retired.

SCHOOL



Only 1.9% of participants identified as a student.

Lakes Region Scholarship Foundation

2015 Lakes Region Scholarship Foundation APPLICATIONS ARE AVAILABLE NOW on our website:

www.lrscholarship.org under the applicant section. Please be sure to download all 4 pages of the application along with the instruction sheet and the applicant appraisal form. Applications have been mailed to 2014 applicants and are also available in the Guidance Dept. of our Lakes Region high schools, by emailing scholarship@metrocast.net or calling 527-3533. The majority of awards are restricted by donors for Belmont High School, Gilford High School or Laconia High School graduates OR for residents of Belmont, Gilford or Laconia. There are a few exceptions listed in the applicant section of our website, in particular the John Mullen Essay Award and the Annalee Thorndike Art Competition. Please check under donors for a complete list of all donor funds. The deadline for our standard application is April 15, 2015. Please do not hesitate to contact us if you have any questions regarding eligibility.

Colleen O'Riordan & Joan Cormier
Lakes Region Scholarship Foundation
527-3533

Tenant 101:

A 4-Week Workshop Series

Tuesday evenings from
6:00-8:00
 Free dinner served from
5:30-6:00

Meets on:
 Tuesday 1/20
 Tuesday 1/27
 Tuesday 2/3
 Tuesday 2/10

This workshop series is free. Limited on-site childcare and assistance with transportation

Tenant 101 is held at The Family Resource Center
 719 No. Main Street
 Laconia, NH

To register: Contact Tricia T. at Family Resource Center of Central NH
 603-528-0391
tricia.tousignant@lrsc.org

Do you have poor or negative landlord references?

Do you want to work on changing them?

Come learn how to be the best tenant you can be!

Many landlords have agreed to accept this Tenant 101 Certificate as your willingness to be a better tenant, and this may offset a prior poor or negative reference from another landlord.



Topics Include:

- What do I look for in an apartment?
- What do I expect in an interview?
- Is this apartment affordable?
- What are my tenant rights?
- What is the eviction process?
- How can I be a good neighbor?

In partnership with:



Jeanne Shaheen
United States
Senator for New
Hampshire

Dear Friends,
 One of my most important responsibilities as a United States Senator is assisting New Hampshire residents who need help navigating federal agencies and identifying federal resources. My staff is equipped to help individuals with issues related to the federal government such as veterans' benefits, social security and citizenship.

As part of my office's outreach effort, one of my staff members will be visiting Laconia City Hall, 45 Beacon St. East, Laconia, NH (Room 200B, 2nd Floor) on the date below:

Friday, January 30, 2015 from 1-2pm

Assessing

[Click](#) for Assessing Department

The abatement filing period is now open until March 1st. This is the process by which taxpayers can dispute their final 2014 value.

Applications for abatement are available in our office or can be mailed upon request, by calling 527-1268.

We always recommend owners get a copy of their PRC (property record card) to verify its accuracy and to be able to compare on a year-to-year basis to monitor what changes have occurred.

All abatements will be answered this year by our deadline of July 1, 2015.



If you are a professional who works with children ...



NATIONAL ALLIANCE

~of~

CHILDREN'S TRUST & PREVENTION

FUNDS



You need face-to-face training in

Bringing the Protective Factors Framework to Life in your Work



★ The **Strengthening Families Framework** identifies the characteristics that, when present and robust in families, make families stronger and child abuse and neglect less likely to occur.

★ Professionals who work with children are in a great position to promote these characteristics, called **Protective Factors**, through small but significant changes in how you approach your work.

Attend a 7-module training giving real-world examples of Framework strategies to promote important family characteristics.

Join us:

In Laconia: Family Resource Center of Central NH, Lakes Region Community Services
719 North Main Street, Laconia, NH

Saturday February 7, 8:30-4:00 Parental Resilience, Social Connection and Knowledge of Parenting and Child Development

Saturday April 11, 1 8:30-4:00 Concrete Support in Times of Need, Social and Emotional Competence of Children, and Wrap-Up

Funded by: Samuel P. Pardoe Foundation and Franklin Savings Bank Foundation

Need Professional Development hours?

*This series meets the requirements for Child Care Professional Development hours. Attending all 7 modules could satisfy an **entire year** of required hours and enhance your capacity to help the families of the children in your care.*

To register:

NHChildrensTrust.org/training-and-events

*Questions? Want to book training near you?
Contact NH Children's Trust*

603-224-1279

jday@nhchildrenstrust.org or mduoye@nhchildrenstrust.org

HEALTH & WELLNESS FAIR 2015

BRING THE WHOLE FAMILY

Saturday, January 31st
10:00a.m. – 2:00p.m

Holy Trinity Catholic School Gymnasium
50 Church St, Laconia NH 03246

Get healthy & stay active at our 1st
Annual Health & Wellness Fair!

Local community experts will be on hand to share health information, from childhood to senior living. Learn from exhibits, live demonstrations and informational talks highlighting services available to your family.

Come out and see what your local health and wellness community has to offer! It's FREE-invite a friend. Great giveaways & door prizes.

For more information call 303-596-9850 or email thalmannkate@gmail.com



Laconia Rotary's

"U TUBE" Benefit

for Boys & Girls Club of the Lakes Region

Sunday,
January 25, 2015
Gunstock Mountain Resort

719 Cherry Valley Road, Gifford

Enjoy a fun night of Tubing and S'mores while raising money for the Boys & Girls Club!

Exclusive "After Hours" Tubing !!!
4:30-7:30PM
\$30pp



\$25pp (groups of 4)

Price includes:

- Tubing session
- Big Air Bag Launch Ride
- S'mores at the fire pit
- Entry into our GRAND PRIZE GIVEAWAY Ski & Stay package
- Hot Chocolate
- Chance to win 1 of 2 prizes per hour
- Silent Auction

Tubing requirements: Must be at least 42" tall
Air Bag - must be at least 42" tall and 70+ lbs.

FREE Big Air Bag Launch Rides
(weather permitting)

Ticket includes a chance to win a SKI & STAY PACKAGE!



Visit www.Gunstock.com to purchase tickets



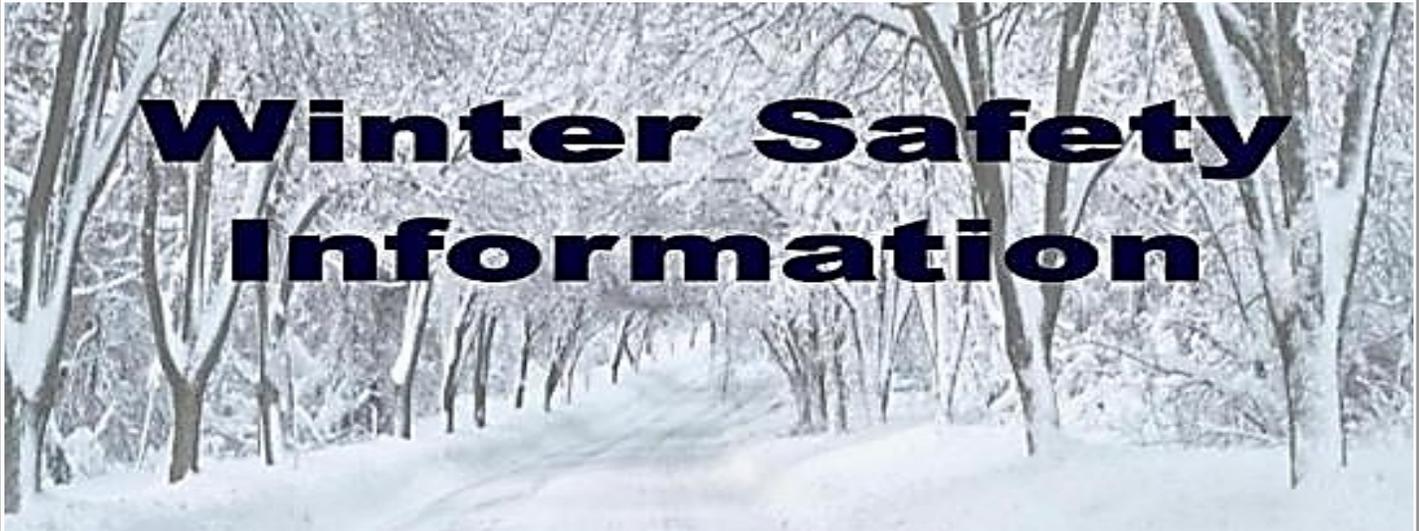
Free Seminar Helps Make Downsizing Easier

What on earth are we going to do with all this stuff? Moving from a larger to a smaller home can seem like a formidable, even impossible challenge for many homeowners, especially those who choose to go it alone. This seminar provides helpful tips and advice from senior move manager Mariluz Flanders for anyone planning to downsize. She'll be part of an informative Downsizing Seminar scheduled for Friday, Feb. 13 from 11 am to noon in the Woodside Building at Taylor Community, 435 Union Ave. The event is free and open to the public.

Many seniors have lived in their home for years, even decades, during which time they've accumulated a lot of personal possessions. Paul Charlton—who works with seniors planning their move to Taylor Community—notes it can be overwhelming for many. "I talk with people who are really excited to move. Then they go home and become paralyzed when they look at all the stuff in their closets, attics, sheds and basements. That's where the advice of senior move managers can help; they do this for a living and their help is invaluable." Current Taylor residents will also be on hand to share their downsizing experiences.

To reserve your place at the seminar, please call Taylor Community at 366-1400, Monday—Friday between 9 am and 5 pm.

We hope you can join us!



Winter Safety Information

Does Your Family Have a Winter Weather Plan?

Is your family prepared for severe winter storms and extreme cold? All kinds of emergency scenarios can happen during a storm. Do your kids know what to do if they are stranded at home with the power out and you can't make it home? Does your car have a cold weather kit with supplies for you and your kids if you get stranded on the road in bad weather?

Discuss these types of emergency scenarios with your family and have a plan in place so everyone knows how to stay safe. This [video](#) shows the kinds of things to have in an emergency kit and what to do should severe weather cause an extended power outage or a family member to be stranded on the road.

Find out more tips on what to do before, during, and after a storm on [FEMA's winter weather page](#).



Tammy Levesque

Laconia SAU Health & Wellness Academic Coordinator

www.laconiahealthandwellness.org



A Medication Collection and Disposal Box is located in the lobby of the Laconia Police Department for your convenience in disposing of old or unused prescription drugs in a safe manner. Open 24 hrs/day, 7 days/wk. The collection box is accessible 24 hrs a day, 7 days a week!



2015 Softball Registration

Signups for Lakes Region Girls Softball are back and open to residents of Belmont, Canterbury, and Laconia. More registration dates will be announced soon! All players need proof of residency; new players need to provide a copy of their birth certificate.



Registration Location:	Belmont Elementary School
Registration Dates:	Saturdays, January 24 and 31 from 8am – 1pm Wednesday February 11 from 5:00-6:30pm Wednesday March 11 from 5:00-6:30pm
Eligible Ages:	Girls 5-18 years old as of December 31 st , 2014
Player Registration Fees: (Family discount available)	\$35 – Instructional and 8U Divisions \$50 – 10U and 12U Divisions \$65 – 14U, 16U, 18U Divisions



Winter Warm-Up Clinics:

Is your player ready to play? Not sure if she wants to play? LRGS offers FREE Winter Warm Ups Clinics to all girls that may be interested in playing softball! You can also register your players at these Winter Warm-Up Clinics:

Warm-Up Location:	Laconia Middle School
Warm-Up Dates:	January 18 & 25 February 1, 8, & 25 March 1 & 8
Warm-Up Times:	2-3 PM – 1 st year players (all ages) 3-4:30pm – 7-10 year olds (includes new and returning players) 4:30-6pm – 11 year olds+ (includes new and returning players)



*Please bring a glove, water, and dry sneakers (no cleats or boots please). For more information on these clinics or to register/volunteer for the 2015 season, please visit our website at www.lakesregiongirlssoftball.com or email us at lakesregiongirlssoftball@gmail.com.



Welcome Baby! – Seeking Volunteers

What is Welcome Baby?

Welcome Baby! is an initiative of the LRCS Family Resource Center of Central New Hampshire. This initiative celebrates the birth of a baby, providing the families of newborns within Belmont, Gilford, Laconia and Meredith with a beautiful tote of gifts as well as valuable parenting information, safety items for the home, books to promote literacy, and a community resource directory to link them to a variety

of community supports. The program supports new parents at a critical time in their family's development, increasing their knowledge about what to expect and where to go for help, and links them to needed community resources.

What does a potential volunteer need to know?

- The volunteer will be responsible for making a one-time visit to families with newborns within his or her designated community
- Time commitment: as needed as families become enrolled
- A one-day training on a variety of topics related to strengthening families will be provided in January, 2015 at the Family Resource Center

If interested in volunteering, please contact Katherine Peringer at 581 – 1574 or Katherine.peringer@lrsc.org



The Samuel P. Pardoe
Foundation



Taking our community from ordinary to EXTRAORDINARY

International Film Series sponsored by: Laconia Human Relations Comm. & Laconia Public Library



SÉRAPHINE
Monday, Feb. 2, 2015
Time: 6:15 P.M.
Laconia Public Library

■ True story of an early 20th C French peasant artist

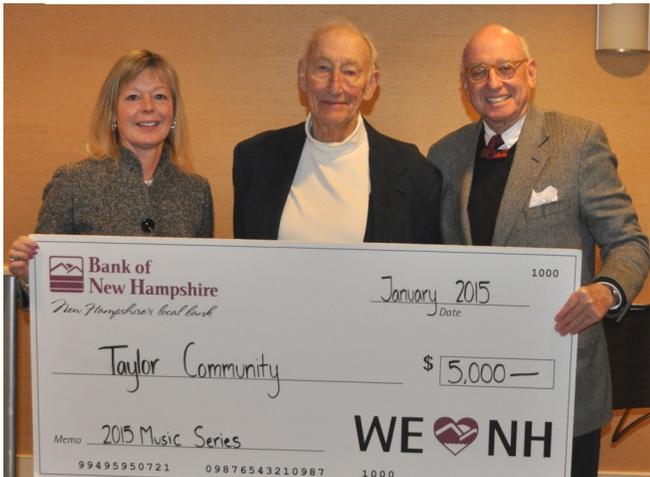
■ Vibrant & imaginative painting

◆ Free and open to the public ◆ Informal discussion to follow the film ◆ Light snack will be provided ◆ Feel free to bring a cushion for a chair

For more information contact:

Leonard Campbell
lcampbell@nh-cc.org

Carol Pierce
newdynam@aol.com



Bob Selig, Taylor Community President/CEO, accepts a \$5,000 donation from Ann Nichols, Senior Vice President of Bank of NH, for Taylor's 2015 Music Series. This is the 3rd year BNH has partnered with Taylor to present monthly concerts featuring a variety of high caliber musicians from throughout the state and beyond. Also shown is Taylor Resident Bill Bell, a dedicated cellist with a lifetime love of chamber music. Bell has been instrumental in arranging for musicians to provide quality programs that Lakes Region residents can attend at no cost.

5TH ANNUAL CHILI COOKOFF



Jan 25th 2014
NOON - 4PM

presented by the
FARO ITALIAN GRILLE

\$8.00 admission
kids under 12 free

Cast your vote by Secret Ballot for "The People's Choice" Best Chili

Official Judging Panel will award Ultimate Bragging Rights

Live music by



All proceeds benefit
NH HUMANE SOCIETY
 Laconia • New Hampshire

To learn more please visit www.nhhumane.org
 email SHosking@nhhumane.org or call 603-524-3252 ex. 309



Don't forget !
ServiceLink
Resource Center
(1-866-634-9412 or
528-6945)....it's the first
number to call for
senior services.



Did you know that 2/3
of senior drivers age 65
& older take five or
more daily medications
that can affect their
ability to drive safely?

Roadwise RX is a free on-line tool that will allow you to record your medications in one location and receive feedback about side effects and how medications may impact your ability to drive safely. (www.aaa.com)

Just click on the above image to begin understanding how certain medications can affect you and your driving.

*Laconia Senior Center is located at 17
Church Street in Laconia.
Questions? Call 524-7689*

*We hope you have enjoyed this
Edition of **Laconia Links***

*We welcome your input, comments
and suggestions!*

Feel free to contact us at the
City Manager's office, 527-1270,
or by e-mail at info@city.laconia.nh.us

Have a great weekend!



Scott Myers, City Manager
City's Website: www.city.laconia.nh.us



CITY OF LACONIA PHONE DIRECTORY

- Assessing 527-1268
Assessor - Jon Duhamel
- City Clerk..... 527-1265
City Clerk - Mary Reynolds
- City Manager 527-1270
City Manager - Scott Myers
- Code Enforcement..... 527-1293
Planning & Zoning Dir. - Shanna Saunders
- Finance 524-3877
Finance Director - Donna Woodaman
- Licensing 528-6331
Licensing Clerk - Hilary Young
- Planning & Comm. Dev. 527-1264
Planning & Zoning Dir. - Shanna Saunders
- Tax 527-1269
Tax Collector - Lindsey Allen
- Welfare..... 527-1267
Welfare Specialist - Suzi McCormack
Welfare Director - Donna Woodaman
- Fire Dept. (Central Station) 524-6881
- Fire Dept. (Weirs Station) 366-2229
Fire Chief - Ken Erickson
- Library 524-4775
Library Director - Randy Brough
- Parks & Recreation..... 524-5046
Parks & Rec. Director - Kevin Dunleavy
- Personnel 524-3877
Personnel Administrator - Paula Baumel
- Police (Administration) 524-5257
- Police (Crime Line) 524-1717
Police Chief - Christopher Adams
- Public Works (Main Office) 528-6379
- Public Works (Transfer Station) 528-5822
Public Works Director - Paul Moynihan
- Water..... 524-0901
Superintendent - Seth Nuttelman

City Council Contact Info:

- Mayor Edward Engler 630-4484
- Ava Doyle (Ward 1) 393-6533
- David Bownes (Ward 2)..... 524-4330
- Henry Lipman (Ward 3) 528-0191
- Brenda Baer (Ward 4) 524-6349
- Robert Hamel (Ward 5) 524-6360
- Armand Bolduc (Ward 6) 524-2514
- E-mail: citycouncil@city.laconia.nh.us

Visit the City's website at:
www.city.laconia.nh.us