



Laconia Links

March 28, 2014 - Edition #127

Mallard Ducks on Winnepesaukee River



Laconia Police Department

[Link to Laconia PD Here](#)

“Stand Up” Laconia

Stand Up Laconia stands for a decrease in youth alcohol and drug use and an increase in positive, healthy peer and family relationships.

Stand Up Laconia is a growing coalition of youth and adults who live, go to school, and/or work in Laconia. We have come together to create positive change, and we need your help!!! In order for positive change to happen, we need to work together as a community.

Who else needs to be involved? Parents -Youth - Healthcare Providers - Business - Law Enforcement - Faith Community - Local Government.

Please check out our website at: www.standuplaconia.com for more information and how you can get involved.

Welcome to Laconia Links a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager’s office at 527-1270, or contact us by e-mail at info@city.laconia.nh.us

We look forward to keeping you up to date on our beautiful City!



Pictured above from left to right: Evan Lessard, Lt. Al Lessard (Laconia Police Dept.) and Clare Persson (Director, Stand Up Laconia). Evan, Al and Clare participated in the Stand Up Laconia Craft Fair on March 22, 2014.

Laconia Public Library **Upcoming Events.....**



Goss Reading Room Programs

Don't forget! The Goss Reading Room has story-time every Tuesday afternoon at 3:30.



The chess program is held every Thursday afternoon from 2:30 - 4:30 open to all ages.

Come join us!



Vanished Veterans

On Thursday, April 17th at 7 pm, George Morrison will present Vanished Veterans – New Hampshire's Civil War Monuments and Memorials. New Hampshire towns did not erect monuments to prior wars, but the emotional and

family toll, unprecedented in American history, drove the decision to honor our local soldiers and sailors of the War of Rebellion. From Seabrook to Colebrook, Berlin to Hinsdale, along Main Streets and 19th century dirt roads, in city parks and on town greens, in libraries and town halls, and in cemeteries prominent and obscure, George Morrison located, inventoried and photographed the fascinating variety of NH's Civil War memorials. This free lecture will be held in Laconia Public Library's Rotary Hall and is sponsored by the NH Humanities Council and the Laconia Public Library.

Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website.

Click on a specific meeting for more information. Please check the "Calendar" page often for updated info and changes.

*Become involved
in your City and
make a difference!*

Meeting
in
Progress

Planning Board

April 1, 2014, 6:30 pm
City Hall, Room 200A

Main St. Bridge Informational Session

April 2, 2014, 8:00 am
City Hall, Room 200A

Special Events Review Committee/Motorcycle Technical Review Comm.

April 2, 2014, 2:00 pm
City Hall, Room 200A

Lakes Business Park

April 2, 2014, 4:00 pm
City Hall, Room 200A

LACONIA SCHOOL DISTRICT

Ensuring success with every student, every day, in every way



[Laconia High School Website](#)



[Huot Career Tech Center Website](#)



[Laconia Middle School Website](#)



[Elm Street School Website](#)



[Pleasant Street School Website](#)



[Woodland Heights School Website](#)

WEEK AT A GLANCE IN LACONIA

03/31	04/01	04/02	04/03	04/04
	<p>Happy April Fools Day!</p> 		<p>Brigadoon @ LHS - 7 pm WHS Book Fair begins through 4/11 Huot Tech Center Open House - 5 pm to 7 pm</p>	<p>Brigadoon @ LHS - 7 pm PSS Spring Dance @ PSS @ 6 pm - \$5 per family</p>

WHS GIRL POWER CLUB

WHS girls are learning about healthy choices for body and mind by working with community partners like Laconia Athletic & Swim Club who have allowed them an opportunity to expand their options and skills to become more active. They are meeting community leaders and being asked to become leaders.



BIOTECHNOLOGY STUDENTS TOUR ADIMAB LABS



Students in Ms. Leavitt-Carlson's Biotechnology class recently visited Adimab Labs in Hanover, NH. The students were able to run actual experiments at the facility and meet with working biotechnology engineers. The Huot Center is proud to offer a new Level II course in Biotechnology!

Laconia High School Theatre Presents

Brigadoon

April 3, 4 and 5, @ 7pm

GET READY TO SWAP!

Laconia Middle School will hold their annual "Get Ready To Swap" event where students can swap gently used clothes and purchase "New to you clothes" for just 25 cents each! This event will be held Wednesday, April 2, 2014 from 2.30 pm to 5.00 pm at the Laconia Middle School Multipurpose Room.



Please see guidelines for swapping your clothes [here](#). Proceeds will support the Care Closet. Save your quarters for the swap!



TASTE TEST TUESDAY AT PLEASANT STREET SCHOOL

In their second "Taste Test Tuesday" PSS students tried "Sweet Chick Pea Salad". Over 160 students tried the salad and had an opportunity to vote on whether or not they would like it on the menu. The voting was incredibly close with 84 "yes" votes and 85 "no" votes. PSS was proud of their students for trying out this new salad!!



THE BEATLES COME TO ELM STREET SCHOOL

Music teacher Catie Dwinal and the ESS Chorus put on a fabulous concert last week which included a medley of Beatles hits! The audience loved it and even sang along.

FAMILY MOVIE NIGHT PART OF LITERACY PROGRAM AT WHS

Over 300 books were given away to families at Woodland Heights family movie night on March 21st. This event was part of a literacy night and each child in attendance received a couple of books to bring home.





CITY OF LACONIA BUDGET SURVEY

All Laconia residents are invited to become involved in how the City spends its tax dollars! Click on the image above for a brief survey and set your priorities to help create a budget that reflects your vision.

Click [here](#) to view updated responses to the survey!



Children's Authors Tea

Tuesday, April 8, 2014
5:00 to 7:00 PM
at the
Belknap Mill
25 Beacon St. East
The Mill Plaza, Laconia

You are cordially invited to attend the Children's Authors Tea. This wonderful, free event is organized to promote the importance of early literacy. Come celebrate "Strengthening Families and Communities Month" with us!

Special Guests and New Hampshire Authors:
Warren Bouton, Jennifer Carson, Kathleen Deady, Terry Farish, Mary Kelley, Shawn Middleton, Robbie Neylon, & Denise Ortakales

Evening Events: Book signing and sales by authors, local libraries will offer information about their services, story telling, light snacks, and tea.

This is a free family event. Every child will receive a free book!



For more information please call Child Care Resource and Referral at the Family Resource Center at 581-1558



"Faces of Laconia" Comes To Taylor Community



Lakes Region Photographer Alan MacRae presents a program about his project entitled "Faces of Laconia," at Taylor Community's Woodside Building, Monday, April 7 from 7-8 p.m. The project includes the portraits of 23 people who have made significant contributions to Laconia and the surrounding area. The display will remain available for viewing throughout April.

MacRae worked with Brenda Kean, executive director of the Laconia History and Museum Society, contacting and interviewing people they felt had made a difference through their unique contributions to the City. They interviewed most of the people in their own homes or workplace, where MacRae could get photos in a natural setting, most comfortable to the subjects.

The event is free and open to the public but RSVPs are requested to ensure seating. Please call 524-5600 between 8 a.m. and 4 p.m. Monday through Friday, or email rsvp@taylorcommunity.org.



A Medication Collection and Disposal Box is located in the lobby of the Laconia Police Department for your convenience in disposing of old or unused prescription drugs in a safe manner. Open 24 hrs/day, 7 days/wk. The collection box is accessible 24 hrs a day, 7 days a week!
Questions? Call the Laconia PD at 524-5257



News

From the
City Clerk's
Office

Click [here](#) for
Clerk's website



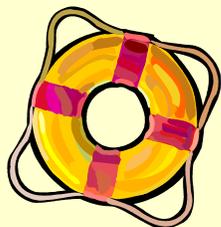
Now is the Time to Get Your 2014 Boat Registration!

Did you know you can process your boat registration at the same time as you conduct other business at City Hall? It's easy and convenient! Just bring in your photo identification and prior year's registration (if you have it) and we can get the paperwork out of the way so you will be ready to put your boat in the water when the ice melts.

No waiting for your registration to be mailed back to you! Get it done early and conveniently at the City Clerk's Office. We are open Monday through Friday from 8:30 a.m. to 4:30 p.m.

Please make checks payable to City of Laconia. In accordance with RSA 270-E:5, II (c) an additional \$5 will be collected for each registration processed as an authorized agent .

Questions?
Please call the
City Clerk's
office at
527-1265.



Spring Leaf Pickup

During the Weeks of
April 14th & April 28th

CITY CONTRACTOR WILL PICKUP
10 BAGS DURING THESE
2 WEEKS (On your normal trash day)

All materials MUST be placed in
PAPER COMPOST BAGS.

Please note that yard waste will be collected by a
separate truck, NOT the normal
trash collection truck.



LACONIA'S SPRING CLEAN-UP DAYS

MAY 3 and 10, 2014, 8 AM to NOON

FREE - BRING YOUR DISCARDS TO THE
TRANSFER STATION ON
MEREDITH CENTER ROAD

**LACONIA RESIDENTIAL HOUSEHOLDS
ONLY— NO COMMERCIAL
ENTERPRISES OR HAULERS.**

Proof of Residency Will Be Required

ACCEPTABLE: Appliances, water heaters, furniture, beds, plumbing fixtures, paper bagged leaves, demolition lumber, auto tires (limit 6 tires per customer). NOT ACCEPTABLE: Auto tail pipes, mufflers, radiators, engines, batteries or hazardous wastes, paints or solvents.

Electronic waste WILL NOT be accepted free of charge at this event. If you bring in e-waste, there will be a nominal fee for its disposal.





Go, Slow, Whoa Foods

Lots of kids want to know which foods to eat to be healthy. Most kids don't need to be on diets, but here's something kids **can** do to eat healthier: Learn the difference between **Go**, **Slow**, and **Whoa** foods.

You probably know that foods fit in different categories. [MyPlate](#) puts them into these categories:

- Fruit
- Vegetables
- Grains
- [Protein](#) (meat, beans, fish, and nuts)
- Milk and dairy products



The U.S. National Heart, Lung, and Blood Institute (part of the National Institutes of Health) suggests kids think about whether foods are Go foods, Slow foods, or Whoa foods.

Go Foods are foods that are good to eat almost anytime. They are the healthiest ones. Example: skim and low-fat milk.

Slow Foods are sometimes foods. They aren't off-limits, but they shouldn't be eaten every day. At most, eat them several times a week. Example: waffles and pancakes.

Whoa Foods are foods that should make you say exactly that — Whoa! Should I eat that? Whoa foods are the least healthy and the most likely to cause weight problems, especially if a person eats them all the time. That's why Whoa foods are once-in-a-while foods. Example: French fries, ice cream, soda. - *Kids Health*

Some other strategies to improve food choices and increase physical activity can involve goal setting.

The **CATCH Curriculum** (Coordinated Approach to Child Health) has several worksheets available to accomplish just this. Download them here and be sure to tell us how successful your kids were at accomplishing their goals. Send me emails with suggestions or strategies that have worked for you:

tlevesque@laconia.k12.nh.us

[Goal Setting: More GO Food and Exercise](#)
[Goal Setting: More GO Snack Foods](#)
[Goal Setting: More GO Beverages](#)
[Goal Setting: No Food During Screen Time](#)

[Goal Setting: Reduce Screen Time](#)
[Goal Setting: Different Kinds of GO Activities](#)
[Goal Setting: Healthy Eating and Fast Foods](#)
[Goal Setting: More GO Breakfast Foods](#)



Tammy
Tammy Levesque
Laconia SAU Health & Wellness
Academic Coordinator

www.laconiahealthandwellness.org





Laconia Police Department

[Link to Laconia PD Here](#)

Victim Services Unit



The Laconia Police Department's Victim Services Unit has been alive and active for the last eleven years. The members of the unit have worked in court, made phone calls, sent letters, and met with victims of crimes such as domestic violence and others.

The Unit meets once a month to discuss ways to improve communication, how to handle caseloads, and share examples of practices to better serve the public. Some of the members have attended workshops offered for victim advocates in Maine and New Hampshire. The group serves as a liaison among the victim, law enforcement, and the LPD prosecutor.

The Unit was started by former Chief Thomas Oetinger and it was suggested an hour a week be served by each member of the Unit. Many of the VSU members have gone above and beyond to serve many hours a week. The members feel very appreciated by both the public and the Laconia Police "Team." There are always volunteer opportunities available. If anyone is interested in volunteering please contact the Prosecutor's office at 524-2330.

THE BELKNAP MILL SOCIETY PRESENTS

BY GRACE BAUER

THURSDAY APRIL 3RD - SATURDAY APRIL 5TH, 2014, 7PM

TICKETS: BELKNAP MILL • 25 BEACON ST E • LACONIA, NH 03246 • (603) 524-8813

Domestic Minor Sex Trafficking Awareness Training

**APRIL 9TH, 2014
7PM**

**THE WOODSIDE BUILDING AT TAYLOR COMMUNITY
227 LEDGE DRIVE, LACONIA NH**



Identifying and Responding to America's Trafficked Youth

- An overview of domestic minor sex trafficking
- Domestic minor sex trafficking in the context of federal law
- The relationship between vulnerability and domestic minor sex trafficking
- Understanding Pimp Control
- Effective responses to the issue
- Opportunity to learn ways to prevent & combat this issue locally

For more information contact:
Chief Adams, LPD
Email: cadams@laconiapd.org

Presented by:

reallifegiving
REAL NEEDS. REAL HOPE.
www.reallifegiving.org

Main Street Bridge
Construction



Click here for Main Street
Bridge info including
construction plans and
traffic detour maps.

The Main Street Bridge Construction Website is being updated periodically with information regarding construction progress, detour timing, special alerts and other pertinent information. The image above contains a link to a webpage relating to the construction project. Once on that page you will find the most current information by clicking on "Today's Update" (in red).

Should you have any questions about the construction project or the website please contact Paul Moynihan at Public Works (528-6379, Ext. 301) or Shanna Saunders in the Planning Department (527-1264). Thank you for your patience!

Click [here](#) for
our Public Works
Dept. website



Free classes for LACONIA PARENTS AND GUARDIANS
of children from birth to age 5

- Important information on how children learn and grow
- Lots of simple activities and materials to make learning at home fun
- All new information presented three times a year - fall, winter and spring

2014 Spring Session:
April 17, 2014 @ Woodland Heights Elementary School, 5:30*-7:30 p.m.

** First time attendees need to arrive by 5:30 p.m. to receive a READY! Notebook, bag, and orientation. All returning parents need to arrive by 6:00 p.m.*

For more information, call 581-1571
*Register early as enrollment is on a "first come, first served" basis!
Returning parents-please re-register each season.*

Child's Name _____ Birth date _____

Child's Address _____ City & Zip _____

Family Phone # _____ Email Address _____

Name of Parent(s)/Guardian(s) attending _____

Appropriate Class: _____

Please Check One Age Group	0-1	1-2	2-3	3-4	4-5
Year Child Starts Kindergarten	2018	2017	2016	2015	2014

Free childcare is provided for 13 months and older. Childcare needed? Yes _____ No _____

If yes, age(s) of child(ren) needing childcare: _____

What is your neighborhood elementary school? _____

Did you attend a previous READY! Class? Yes _____ No _____

To register, please mail this form to: Laconia School District, PO Box 309, Laconia, NH 03247 Attn: Kaitlyn/READY! for Kindergarten.

You can also register by calling 524-5710 or on-line at www.readforkindergarten.org/laconia

Public Works Department

**PLEASE HELP SAVE THE
SEWER SYSTEM**

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.

Your assistance is greatly appreciated!



Fish and Game Presents Program on Bobcats at Taylor Community



Candice Rogers, a wildlife steward with the New Hampshire Fish and Game Department, will present a program on bobcats on Sunday, April 6 at 2 p.m. at the Woodside Building. She'll discuss studies the organization is doing in conjunction with Plymouth State University regarding the animal's lifestyle including location, mating, predators and food sources.

The event is free and open to the public but RSVPs are requested to ensure seating. Please call 524-5600 between 8:00 a.m. and 4:00 p.m. Monday through Friday, or email rsvp@taylorcommunity.org.

Please Note!

The Lakes Region Community Services' Craft Fair, originally scheduled for April 26th has been cancelled. We apologize for any inconvenience!



4th Annual
BOW WOW FEST

Saturday, May 3, 2014
WOW Trail
Elm St. Entrance
Lakeport Square
7:30-11:00 am

Vendors **Awards** **Pet Parade**

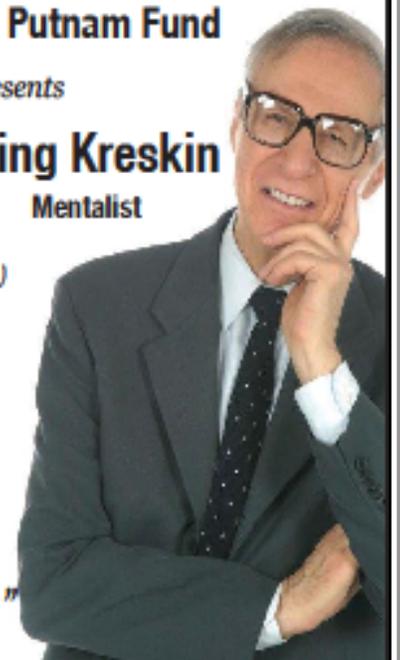
Face Painting
K-9 Demonstration
"Wag-It" Games!

Registration form found at: www.wowtrail.org
Questions? Contact Claire Hebert, 524-4535,
chebert@melcher-prescott.com

The Laconia Putnam Fund
presents

The Amazing Kreskin
Mentalist

*"Even now
I know
what
you are
thinking!"*



Saturday, April 12
7:00 pm
Laconia High School Auditorium
Admission is Free*

*Show suitable for ages 10 and over.

Lakes Region
Habitat for Humanity[®]
 presents...



CUPCAKES FOR A CAUSE

March 29, 2014, 11am-2pm
 Historic Belknap Mill in downtown Laconia

\$10 admission

Proceeds benefit Lakes Region Habitat for Humanity

The mission of Habitat is to eliminate substandard housing in the world by working in partnership with people in need to build simple, decent, affordable housing. The houses are then sold to those in need at no profit and with no interest charged.

Laconia Human Relations Committee
 and Laconia Public Library sponsor
 International Film Series

Date: **MONDAY, April 7, 2014**
 Time: **6:30pm**
 Venue: **Laconia Public Library**

Monsoon Wedding

A Wedding with
 Secrets

Delightful,
 Witty Family
 Drama



Old and New Traditions Mix

The Laconia Human Relations Committee is a committee of the mayor of Laconia dedicated to expanding our horizons for the appreciation of the diversity found among us and in the wider world in which we live. For more information, contact Len Campbell at lcampbell@nh-cc.org or Carol Pierce at newdynam@aol.com

Free and open to the public. Informal discussion to follow the film. Light snacks will be provided. Feel free to bring a comfy chair or cushion.



NOTICE



City of Laconia Hilliard Road Brush Dump

The City of Laconia Hilliard Road Brush Dump will be open effective **April 2, 2014**

until further notice on Wednesdays, Fridays and Saturdays from 8:00 AM to 3:00 PM. Materials accepted are as follows:

- * Clean wood (not painted, stained or pressure treated)
- * Branches of trees (no larger than 3" in diameter/3' in length)

NOTE: Leaves are **NOT** accepted.
REMINDER - Dump Sticker or Day Pass Required



Laconia Rotary Club
\$5 All-You-Can-Eat Pancake Breakfast
 (Whole family eats for \$20)

To Benefit:



BOYS & GIRLS CLUB
 of the Lakes Region



Sunday, March 30, 2014
8 AM - 1 PM
 at the
Boys & Girls Club
888 N Main St., Laconia
 (Additional parking at Opechee Park across the street)

The money raised will go toward the purchase and remodeling of the Boys & Girls Club's new home (the former St. James Church). It is the mission of the Boys and Girls Club to "enable all youth, especially those who need us most, to reach their full potential as productive, caring, responsible citizens."

Laconia Rotary is a member of Rotary International. Its objectives are to encourage and foster opportunities for service, high ethical standards in business and professions, and advancement of international understanding, goodwill and peace. The club meets at noon on Thursday at the Belknap Mill. For further information about Rotary, contact Jim Lowell at jowell@naswa.com.



Don't forget !
ServiceLink
Resource Center
(1-866-634-9412 or
528-6945)....it's the first
number to call for
senior services.



WELLNESS SHUTTLE

Reminder! Plan your medical appointments for any Wednesday and take advantage of this wonderful service to get you safely back and forth to the doctor's office or medical facility. Just visit the Senior Center, or give us a call at 524-7689.

*Laconia Senior Center is located at
17 Church Street in Laconia.
Questions? Call 524-7689*

*We hope you have enjoyed this
Edition of Laconia Links*

*We welcome your input, comments
and suggestions!*

Feel free to contact us at the
City Manager's office, 527-1270,
or by e-mail at info@city.laconia.nh.us

Have a great weekend!



Scott Myers, City Manager
City's Website: www.city.laconia.nh.us



CITY OF LACONIA PHONE DIRECTORY

Assessing	527-1268
<i>Assessor - Jon Duhamel</i>	
City Clerk.....	527-1265
<i>City Clerk - Mary Reynolds</i>	
City Manager.....	527-1270
<i>City Manager - Scott Myers</i>	
Code Enforcement.....	527-1293
<i>Planning & Zoning Dir. - Shanna Saunders</i>	
Finance	524-3877
<i>Finance Director - Donna Woodaman</i>	
Licensing	528-6331
<i>Licensing Clerk - Katie Walsh</i>	
Planning & Comm. Dev.	527-1264
<i>Planning & Zoning Dir. - Shanna Saunders</i>	
Tax	527-1269
<i>Tax Collector - Lindsey Allen</i>	
Welfare.....	527-1267
<i>Welfare Specialist - Suzi McCormack</i>	
<i>Welfare Director - Donna Woodaman</i>	
Fire Dept. (Central Station)	524-6881
Fire Dept. (Lakeport)	524-7777
Fire Dept. (Weirs Station)	366-2229
<i>Fire Chief - Ken Erickson</i>	
Library	524-4775
<i>Library Director - Randy Brough</i>	
Parks & Recreation.....	524-5046
<i>Parks & Rec. Director - Kevin Dunleavy</i>	
Personnel	524-3877
<i>Personnel Administrator - Paula Baumoe</i>	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
<i>Police Chief - Christopher Adams</i>	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
<i>Public Works Director - Paul Moynihan</i>	
Water.....	524-0901
<i>Superintendent - Seth Nuttelman</i>	

City Council Contact Info:

Mayor Edward Engler	630-4484
Ava Doyle (Ward 1)	393-6533
David Bownes (Ward 2).....	524-4330
Henry Lipman (Ward 3)	528-0191
Brenda Baer (Ward 4)	524-6349
Robert Hamel (Ward 5)	524-6360
Armand Bolduc (Ward 6)	524-2514
E-mail: citycouncil@city.laconia.nh.us	

Visit the City's website at:
www.city.laconia.nh.us