



# Laconia Links

March 23, 2012 - Edition #24

Downtown Laconia Rooftops

## Recycling Challenge Update

2week total - March 5 thru 16

Route	Total Tons Collected (MSW + Recycling)	Total Tons Recyclables	Percent Recycled	Pre-Challenge % Recycled	Councilor
Remote Sites		25.80	N/A	N/A	Lahey
Monday	24.13	3.22	13%	12%	Doyle
Tuesday	38.20	7.32	19%	18%	Lipman
Wednesday	41.59	4.67	11%	10%	Hamel
Thursday	36.62	4.65	13%	11%	Bolduc
Friday	37.93	4.49	12%	10%	Baer

Curbside Ave = 13.6%      Curbside Ave = 12.1%      Prior 2 weeks = 14.2%

**Welcome to Laconia Links** a weekly e-mail newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

*We look forward to keeping you up to date on our beautiful City!*

The City's Recycling Challenge kicked off in October of 2011 with the goal of reaching 25% City-wide recycling by March 1st. As the table above shows, we fell far short of achieving that goal. Our thanks to those of you who realize the importance of recycling to our community and environment. We hope you continue your recycling efforts and invite you to work with us as we move forward to find a solution to the City's solid waste costs. Your suggestions, input and ideas are always encouraged and appreciated!

The City Council held a special meeting on February 27, 2012 to discuss transfer station fees and the Solid Waste Ordinance. You can read the minutes of this meeting by clicking [here](#). We will keep you updated and informed as we move forward.

**Reminder!**



**The next recycling collection week begins Monday, March 26!**

Click [here](#) for  
Public Works  
website

# Department of Public Works



Laconia's sanitary sewer collection system is regulated by the federal Clean Water Act passed by Congress. Permitting requirements are administered by the EPA's National Pollutant Discharge Elimination System (NPDES) Program with state oversight from the NH Department of Environmental Services (NH DES) Wastewater Engineering Bureau. The Department of Public Works takes great care in maintaining the collection system. Occasionally, the DPW responds to Sanitary Sewer Overflows (SSOs) which most often are caused by inappropriate materials being flushed down the toilet or drain. The following *Fact Sheet* is an informational tool to give a sense of what inappropriate materials are.

*Cooperation helps reduce costs. Thank you!!*

## Sanitary Sewer Fact Sheet

To many folks, the sanitary sewer collection system is an *out of sight –out of mind* type of infrastructure. Laconia's collection system is a network of over 75 miles of underground pipe and 17 pump stations designed to convey the flow to the wastewater treatment plant in Franklin. Many factors can cause problems in the system, but most common is the disposal of inappropriate materials at home or in the shop. Introducing these materials to the collection system can cause blockage or corrosion and subsequent failure of the pipes and pump components. Emergency call-outs and repairs are costly and partly influence the rates of the sewer and water bills. Here is a list of just some of the things that need to go in the garbage and not the drain, drain-type garbage disposal or toilet:

### THINGS THAT SHOULD NOT BE FLUSHED OR Poured DOWN THE DRAIN

- *Chemicals and Cleaning Supplies*
- *Paints and Solvents*
- *Gasoline and Combustible Fuels*
- *Medicines and Pharmaceuticals*
- *Disposable Diapers*
- *Tampons, Applicators, and Sanitary Napkins*
- *Cotton Balls and Swabs*
- *Bandages and Bandage Wrappings*
- *Condoms*
- *Hair*
- *Paper Towels*
- *Baby and Cleaning Wipes of ANY kind*
- *Kitty Litter and Rodent Poisons*
- *Large Amounts of Food Wastes*
- *Fats, Oils and Greases*
- *Rice and Pasta*
- *Animal Bones and Egg Shells*
- *Stringy Vegetable, Vegetable Peels or Fruit Pits*



March 2012: Sewer overflow caused by  
blockage of sewer main. Culprit?  
Paper towels!

**Department of Public Works**  
27 Bisson Avenue  
Laconia, NH  
(603) 528-6379  
e-mail: [DPW@city.laconia.nh.us](mailto:DPW@city.laconia.nh.us)

If you have a question as to whether something should be in the sewer pipes, then it most likely should go into your solid waste. Please call us at Public Works if you have any questions regarding how the sanitary sewer collection system functions.

**LACONIA  
PARKS & RECREATION  
DEPARTMENT**



## Recycling Expands to Include Laconia Parks



The Laconia Parks and Recreation Department's trash cans will have a new look this year, thanks to a \$45,000 ARRA Grant from the federal government. The Department was able to purchase 240 new combination trash and recycling receptacles for all the City park areas. The containers have two compartments, one side for co-mingled recycling, and the other side for trash that is not designated for recycling. Please help the City maximize its recycling by disposing of your waste in the appropriate side of the containers. Collected recyclables contaminated with trash are often unable to be accepted into the recycling stream, which results in lost recycling opportunities.

Some of the containers have already appeared in many of the parks, and more will be distributed as we move along further into the spring. These containers will allow the City to divert more recyclables away from the solid waste stream, which results in a savings to the City and its taxpayers. Through the cooperation of Bestway Disposal, the City's solid waste contractor, the new containers will be emptied on a regular basis using a dual compartment truck.

Click [here](#) for the Parks & Rec. website

## Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council.

Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website. You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda.

Meetings are open to the public....you are invited and encouraged to attend and provide input.

*Become involved  
in your City  
and make a difference!*

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information. Please check the "Calendar" page often for updated info and changes.

Meeting  
in  
Progress

**Land & Buildings Comm.**

March 26, 2012, 6:30 pm  
City Hall, Room 200A

**City Council**

March 26, 2012, 7:00 pm  
City Hall, Room 200A

[Agenda](#)

Click [here](#) for  
City's website



# Laconia Fire Department

Link to  
Fire Dept.  
[here](#)

**F**ace



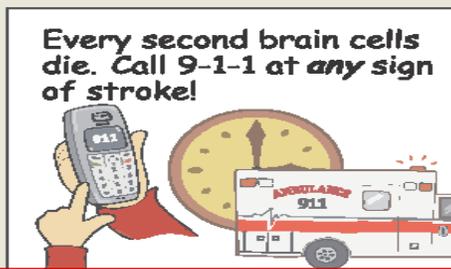
**A**rm



**S**peech



**T**ime



**Is it a stroke?  
Check these signs  
FAST!**

**Call 9-1-1 at any sign of stroke.**

Stroke is the 4<sup>th</sup> leading cause of death in the United States. It occurs when tiny arteries in the brain become blocked. This causes part of the brain to be deprived of the vital blood and oxygen it needs to survive.

A stroke is like a train coming down the tracks. As it approaches you feel the rails shaking and you need to get off the tracks before it hits. Thus, when you recognize the signs of a stroke you need to get to the hospital fast! If you get treatment quickly certain types of strokes can be treated and leave no deficit. However, if you ignore the signs it may quickly become too late for treatment. After a significant stroke a survivor may have major deficits for life. This may include paralysis, walking with a cane or walker, slurred speech, inability to recall words, inability to use the bathroom or get dressed unassisted.

The Laconia Fire Department and LRGH take treating people with suspected stroke seriously. Please take a moment to review the signs of a stroke. If you feel you or someone else maybe experiencing a stroke; call 9-1-1 immediately!



# Laconia Police Department

[Link to Laconia PD here](#)

## Bicycle Laws and Safety Tips



As the warm weather approaches the Laconia Police Department would like to remind all bicyclists to be safe and follow the bicycle laws.

Most bicyclist deaths result from bicycle-motor vehicle collisions. But injuries can happen anywhere - in parks, bike paths, and driveways and often do not involve motor vehicles.

Head injuries are the most serious injury type and are the most common cause of deaths among bicyclists. The most severe injuries are those to the brain that cause permanent damage. Studies have proven that bicycle helmet use can significantly reduce head injuries.

### Why Wear a Helmet?

A crash can happen to even the most careful person. On any ride you might catch a wheel in a crack in the road surface, skid on gravel, hit a wide pothole or drain gate or collide with a pedestrian, a dog or another vehicle.

Nobody expects a crash, but it is essential to have head protection in case you are involved in one. Road rash and broken bones are painful, but they do heal. Head injuries, however, can cause permanent damage. Bicycle helmets are also required by law for riders under the age of 16. (NH RSA 265:144X)

### Traffic Laws Apply to Bicycles

Every person riding a bicycle has the same rights, privileges, and responsibilities as persons driving cars. Every person riding a bicycle shall have all rights and be subject to the duties applicable to the driver of any other vehicle under the rules of the road. (RSA 265:143)



### Drive Single File

Two riders are safest when riding single file on the right side of the road. Never block traffic by riding two abreast. Persons riding bicycles two or more abreast shall not impede the normal and reasonable flow of traffic and on a laned road shall drive within a single lane. (RSA 265:144V)

### Brakes

In order to ride safely you must be able to stop your bicycle when you want to. Maintain your brakes in good condition and check them before each ride. Every bicycle will be equipped with a brake or brakes which will enable its driver to stop within 25 feet from a speed of 10 mph on dry, level, clean pavement. (RSA 266:88)

### Lights for Night Driving

You must see and be seen to be safe on a bicycle. Most nighttime bicycle accidents are caused by bikes not being seen by other vehicles. Bicycle lamps and reflectors are basic safety equipment. Every bicycle operated during darkness shall be equipped with a lamp emitting a white light visible from a distance of 300 feet in front of the bicycle and with a red reflector on the rear visible to a distance of 300 feet. (RSA 266:86)

### Don't Carry Passengers

Two on a bicycle built for one is double trouble! No bicycle shall be used to carry more persons at one time than the number for which it is designed and equipped. (RSA 265:144 II)

## Laconia Public Library Upcoming Events.....

# Storytime!



Wednesday, March 28 at  
10 am for ages  
birth to 5 years old

Thursday, March 29 at  
9:30 am for ages  
birth to 3 years old

Thursday, March 29 at  
10:30 am for ages  
3 to 5 years old

*Stories and crafts in the  
Selig Storytime Room!*

Check out the Library's  
Website...Click [here!](#)



*We hope you have enjoyed this  
Edition of Laconia Links*

*We welcome your input, comments  
and suggestions!*

Feel free to contact us at the  
City Manager's office, 527-1270,  
or by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

*Have a great weekend!*

Scott Myers, City Manager  
City of Laconia  
City's Website:  
[www.city.laconia.nh.us](http://www.city.laconia.nh.us)



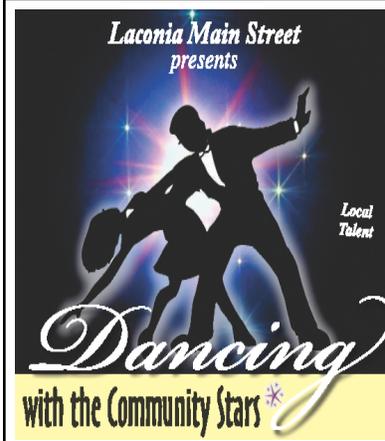
## City Manager Updates

A new, updated version of the [Monthly Economic Development Report](#) has been posted to the City's website to keep you up-to-date and informed on what's happening in your City.

This report contains information pertaining to Laconia's unemployment rate and wages, as well as business and economic development partnerships.

*We hope you find this report  
helpful and informative!*

Contact the City Mgr's office at  
527-1270, or  
[info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)



**March 31, 2012**  
**7:00 pm**  
**Laconia Middle  
School**

Adults: \$10  
Students & Seniors  
(65+): \$5  
12 and under: FREE

*More info in next  
week's newsletter!*

## News From the Laconia Water Department



**Hydrant  
Flushing  
Notice**



As part of our continued effort to improve drinking water quality, Laconia Water Department will be flushing hydrants on:

**March 26th through March 30th**

While this may produce discolored water, it is not harmful. Simply run the cold water until it clears. If you have any questions, please don't hesitate to contact us at 524-0901.