



## Laconia Links

March 30, 2012 - Edition #25

Belknap Range From Parade Rd.

# Upcoming Meetings...

Click [here](#) for  
City's website

Meeting  
in  
Progress

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council.

Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website. You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda.

Meetings are open to the public...you are invited and encouraged to attend and provide input.

*Become involved in your City  
and make a difference!*

**Welcome to *Laconia Links*** a weekly e-mail newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

*We look forward to keeping you up to date  
on our beautiful City!*

### **Conservation Commission**

April 2, 2012, 6:00 pm, City Hall, Room 200B

[Agenda](#)

### **Lakes Business Park Commission**

April 3, 2012, 4:00 pm, City Hall, Room 200A

### **Planning Board**

April 3, 2012, 6:30 pm, City Hall, Room 200A

[Agenda](#)

### **Licensing Board**

April 4, 2012, 12 noon, City Hall, Room 200B

### **Motorcycle Tech. Review Comm.**

April 4, 2012, 1:30 pm, City Hall, Room 200A

### **Water Commissioner's Meeting**

April 5, 2012, 8:00 am

Water Treatment Facility Conference Room.  
117 Stark Street

### **Board of Assessors Work Session**

April 5, 2012, 5:30 pm, City Hall, Room 200B

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information. Please check the "Calendar" page often for updated info and changes.



## Lilies For The Lakes Region ~ Thousands Of Daylilies Ready For Planting In Local Public Spaces

The Laconia Rotary Club is part of a worldwide organization of business and professional leaders providing local community service. Locally, among a host of other efforts, the Laconia Club arranged for a massive planting of tulip bulbs last Fall in Laconia's Stewart Park, complimenting plantings across the river years before in Rotary Park. Never resting on their laurels, the Club has initiated an even larger landscape enhancement effort with the assistance of Belknap Landscape Company.

### Three Years and 10,000 Daylilies

The Laconia Rotary Club is sponsoring a new beautification project which will plant 10,000 daylilies over the next 3 years. While the Club is paying for the plants, volunteer assistance is sorely needed. Further, the Club is happily accepting donations to help defray the cost of the plants at \$1.00 per daylily plant. Laconia Rotary Club President Diane LaBrie commented "If everyone in the community who enjoys the beautification efforts our Club members provide contributed just a dollar, then we will be able to plant more and maybe even plant faster." Once the project obtained the blessing of the City of Laconia at the March 12th Council meeting, a schedule was set for finding volunteers and obtaining the plants.



For corporate support and assistance with volunteers, Belknap Landscape Company, Inc., came to mind first due to the landscape transformations the company created at both Stewart and Rotary Parks. Dale Squires, Marketing Manager for Belknap Landscape Company offered "Along with Rotary Club members, local companies and residents will donate all of the labor to plant the lilies, together creating a spectacular summer show for the enjoyment of the entire community." Adding, "To help, please volunteer the day of the event or just watch, but please attend." Squires, with ties to many local civic organizations, has invited those groups to participate, saying "The Opechee Garden Club has shown a keen interest in the project, as it matches the Club's mission, as well."

On Saturday, May 5th, starting at 8am, rain or shine, volunteers are asked to meet at Rotary Park Grandstand for coffee and instructions. Volunteers are also asked to come with a shovel or hoe in hand, collect a bag of daylilies and head off to an assigned planting location.

For more information or to volunteer please contact:  
Dale Squires at Belknap Landscape Co., 603/455-1594 or [dale@belknaplandscape.com](mailto:dale@belknaplandscape.com).





# Laconia Police Department

[Link to Laconia PD here](#)

## Bath Salt Abuse

In 2010, an alarming new trend in synthetic drugs appeared in the United States, and surged in popularity across the United States, including New Hampshire: the use of a substance called “bath salts” by individuals to obtain what has one of the most dangerous and extremely addictive “highs” in the modern drug-abuse subculture.

The trend reached near epidemic proportions during mid–2011, with the American Association of Poison Control Centers reporting 6,138 calls for human exposure to bath salts, compared to 304 calls in all of 2010. The start of 2012 saw 228 total calls for the month of January, but this is a far cry from the all–time high of 743 calls in June of 2011. National lawmakers, law enforcement officials on all levels, health professionals, community leaders and the general public are hopeful that this horrific drug trend will continue to decline.



### What Are Bath Salts?

To avoid any confusion at the outset, the “bath salts” referred in this article are NOT the soothing, fragrant, water softening mixtures of sea salt, Epsom salt, and bath oils sold by cosmetic companies that can be sprinkled in your bath water. Instead, the bath salts discussed here are powdery substances containing a variety of chemicals that are the synthetic cousins of the naturally occurring chemical cathinone, found in the Khat plant native to east Africa and the Middle East. When this substance first appeared, it was labeled and falsely marketed as “bath salts” and marked “not for human consumption” or “for novelty use only” by manufacturers, allowing them to circumvent the existing laws at the time regarding the chemicals contained within it, and to be sold legally in convenience stores, gas stations and head shops, as wells as online.

### Physical/Psychological Effects

Bath salts are usually ingested by snorting “lines” of the powdery form, but can also be taken orally, smoked, or made into a solution that can be injected directly into the veins, dropped into the eyes, or sprayed into the nasal passages.

The effects can be broken down into three phases:

- During the first phase immediately after ingestion, users experience increased alertness, wakefulness, and euphoria along with some mild anxiety and agitation and a seemingly diminished requirement for food and sleep.
- The continual dosing and subsequent binge leads the user to the second phase with stronger physical effects and psychotic events beginning to take place: long term lack of sleep, a spike in heart rate and blood pressure, chest pains, nausea, profuse sweating, tremors combined with paranoia, panic attacks, hallucinations, self mutilation and violence.
- The third phase is essentially when the user’s bath salt abuse or dosage has reached toxic levels, resulting in long–term physical and psychological damage or death.

*NESPIN Law Enforcement Bulletin Vol. 18, Issue 2*

**Please contact the Laconia Police Department at 524-5257  
for additional information or questions.**

# Kundun

Sponsored by the Laconia Human Relations Committee and the Laconia Public Library

**Date:** April 2, 2012  
**Venue:** Laconia Public Library  
**Time:** 6:15 PM

Kundun is the incredible true story of one of the world's most fascinating leaders - Tibet's Dalai Lama - and his daring struggle to rule a nation at one of the most challenging times in its history. Powerfully told and set against a backdrop of world politics - the film's release created an international uproar. It was greeted with both controversy and worldwide acclaim.

The story is still played out today, as the world-wide travels of the Dalai Lama and the forced resettlement of Chinese in Tibet remain headline news.



For more info please contact:  
Carol Pierce  
[newdynam@aol.com](mailto:newdynam@aol.com)

Lovinia Ellsworth  
[Lovinia.Ellsworth@yahoo.com](mailto:Lovinia.Ellsworth@yahoo.com)

- ◆ Free and open to the public
- ◆ Informal discussion to follow the film
- ◆ Light snack will be provided
- ◆ Feel free to bring a comfortable folding chair

## LACONIA PARKS & RECREATION DEPARTMENT



### Flashlight Easter Egg Hunt



Together with the Opechee Park Club and the Evangelical Baptist Church we will be hosting a Flashlight Easter Egg Hunt!

It will take place Saturday, March 31<sup>st</sup> at 7:30pm at Opechee Park on Smith Track.

This is a free event and open to the public. There will be prizes, goodies and 2,000 eggs!

Please come dressed for the weather and bring your own flashlight and basket.

Click [here](#) for the Parks & Rec. website

Save the Date!

## Laconia Putnam Fund

ODDS  
BODKIN

Sunday, April 15, 2012

3:00 pm

Laconia High School  
Auditorium

**FREE ADMISSION!**  
**/NO TICKETS REQUIRED/**  
**FIRST COME—FIRST SEATED**

See our schedule online at  
[www.city.laconia.nh.us](http://www.city.laconia.nh.us)  
Special Events/Putnam Fund

# CODE ENFORCEMENT DEPARTMENT

Link to Code  
Dept. website [here](#)

## 'Tis the Season for Decks, Sheds and Pools

The Code Department is getting ready for Permit Applications for spring construction of Decks, Sheds and Pools! This is considered a Minor Building Permit and the [Application Form](#) is available online. Some helpful hints as you plan to submit your application:



### DECKS:

- Please note how high above ground the deck floor will be.
  - Note setbacks to property lines.
  - If you live in an association, please submit a letter of approval from your homeowners'/condominium association.
  - Green space calculations shall be provided if your property is nearing the maximum lot coverage. Green space is defined as vegetation. Structures, decks, driveways, patios, steps, pavers, beaches, walkways and all else that is not vegetation must be considered non-green space.
- The footprint and location of all proposed decks, sheds, pools must be sketched onto a plot plan and be included with the building permit application.
  - Deck Detail Package must be completed for Code; please click [here](#) to access the packet.

### SHEDS:

- Exempt from a Building Permit if they are under 150 Sq Ft
- Note setbacks to property lines. (Note : Sheds are allowed to be located within 10-feet of a rear property line if they are under 12-feet tall.)
- If you live in an association, please submit a letter of approval from your homeowners'/condominium association.
- Green space calculations shall be provided if your property is nearing the maximum lot coverage.



### POOLS:

- Note setbacks to property lines.
  - If you live in an association, please submit a letter of approval from your homeowners'/condominium association.
  - Green space calculations shall be provided if your property is nearing the maximum lot coverage.
  - The installation and maintenance of swimming pools shall meet the following minimum standards:
- (1) The property or pool shall be surrounded with an enclosure adequate to make the pool inaccessible to small children. The minimum height, including gates, shall be four feet from the ground.
  - (2) All gates shall be installed with self-latching closures placed a minimum of four feet above the underlying ground.
  - (3) Any above-the-ground pools shall be exempt from this section only if they:
    - 1) are greater than four feet in height, and
    - 2) have a retractable staircase entrance or barrier.

Laconia Main Street  
presents



Local  
Talent

with the Community Stars \*

**Get your  
tickets now!**

Available at:  
Greenlaw's Music, All  
My life Jewelers,  
Sunflower Natural  
Foods and all of the  
participating dance  
studios

Adults \$10  
Students & Seniors  
(65+) \$5.00  
Children 12 and  
under FREE

**Participating Dance Studios**

Broadway North-Heldt Noyes  
School of Dance  
\*\*\*  
Frates Creative Arts Center  
\*\*\*  
Stages Dance Academy  
\*\*\*  
Starry Night Dance Studio  
\*\*\*  
Artfest



**YOU DECIDE  
WHO WINS!**

Cast your ballot for the best  
couple, with help from our judges.  
Join our M/C's for the evening -  
Pat Kelly from Nassau  
Broadcasting, and Larry Frates  
from Frates Creative Arts Ctr.

**Saturday, March 31, 2012 ~ 7PM**  
**Laconia Middle School, Laconia**

Six pairs of dancers from 5 local dance studios give it all  
they've got as they compete in dance competitions.  
This high energy performance will feature  
the local talent of:

**Evan Kreitzer**  
Laconia Middle School Student  
dancing with

**Robin Barnes**  
(Broadway North)

**Janice Jenkett**  
Jazzercise  
dancing with

**Robin Barnes**  
(Broadway North)

**Gudron Stanton**  
Summit Health  
dancing with  
**Paul Langley**  
(Starry Night Dance Studio)

**Billy McLane**  
Gifford Middle School Teacher  
dancing with

**Amber Greenlaw**  
(Frates Creative Arts Ctr)

**Myles Chase**  
MC Cycle  
dancing with  
**Erin Lovett Sherman**  
(Artfest)

**Liana Gilbert**  
Platinum Salon & Spa  
dancing with  
**Erica Gilbert**  
(Stages Dance Academy)

Special THANKS to: WLNH,  
WEMJ, Laconia Daily Sun,  
The Citizen and Weirs Times  
for promoting our event.

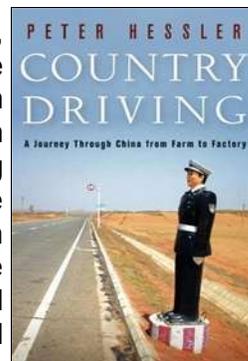
**Special Guests:**  
Laconia High School Cheerleaders  
and more.

**Laconia Public Library  
Upcoming Events.....**

**Winter-Spring Dynamic Book  
Discussion Series**

The third discussion in the Library's Winter-Spring Dynamic Book Discussion Series will be held on Tuesday, April 3rd, 7 pm in Laconia Rotary Hall, focusing on *Country Driving: A Journey Through China from Farm to Factory*, by Peter Hessler. In 2001 Hessler, the long-time Beijing correspondent for The New Yorker, acquired his Chinese driver's license. For the next 7 years, he traveled the country, tracking how the automobile and improved roads were transforming China. He writes of the average people who have reshaped the nation during one of the most critical periods in its modern history.

Hessler followed the Great Wall, from the East China Sea to the Tibetan plateau, investigating an historically important rural region being abandoned, as young people migrated to jobs in the southeast. He spent 6 years in Sancha, a small farming village in north Beijing, which changed dramatically after the local road was paved and the automobile boom brought new tourism. Finally, he turns his attention to urban China, researching development in Lishui, a small southeastern city where officials hope that a new government-built expressway will transform a farm region into a major industrial center. The Wall Street Journal refers to Hessler as "one of the Western world's most thoughtful writers on modern China." Copies of the book are available at the Library's main circulation desk.



For more information please call 524-4775 x12.



# Laconia Fire Department

Link to Laconia Fire Dept. [here](#)

WITH SPRING, COMES THE RAIN AND SHOWERS AND THE POSSIBILITY OF...

## THUNDERSTORMS & LIGHTNING



All thunderstorms are dangerous. Every thunderstorm produces lightning. While lightning fatalities have decreased over the past 30 years, lightning continues to be one of the top three storm-related killers in the U.S. In 2010 there were 29 fatalities and 182 injuries from lightning. Although most lightning victims survive, people struck by lightning often report a variety of long-term, debilitating symptoms. Other associated dangers of thunderstorms include **tornadoes**, strong winds, hail and **flash flooding**. Flash flooding is responsible for

more fatalities – more than 140 annually – than any other thunderstorm-associated hazard. Dry thunderstorms that do not produce rain that reaches the ground are most prevalent in the western United States. Falling raindrops evaporate, but lightning can still reach the ground and can start **wildfires**.

### **During Thunderstorms and Lightning**

If thunderstorm and lightning are occurring in your area, you should:

- Use your battery-operated NOAA Weather Radio for updates from local officials.
- Avoid contact with corded phones. Use a corded telephone only for emergencies. Cordless and cellular telephones are safe to use.
- Avoid contact with electrical equipment or cords. Unplug appliances and other electrical items such as computers and turn off air conditioners. Power surges from lightning can cause serious damage.
- Avoid contact with plumbing. Do not wash your hands, do not take a shower, do not wash dishes, and do not do laundry. Plumbing and bathroom fixtures can conduct electricity.
- Stay away from windows and doors, and stay off porches.
- Do not lie on concrete floors and do not lean against concrete walls.
- Avoid natural lightning rods such as a tall, isolated tree in an open area.
- Avoid hilltops, open fields, the beach or a boat on the water.
- Take shelter in a sturdy building. Avoid isolated sheds or other small structures in open areas.
- Avoid contact with anything metal—tractors, farm equipment, motorcycles, golf carts, golf clubs, and bicycles.
- If you are driving, try to safely exit the roadway and park. Stay in the vehicle and turn on the emergency flashers until the heavy rain ends. Avoid touching metal or other surfaces that conduct electricity in and outside the vehicle.

### **After a Thunderstorm or Lightning Strike**

If lightning strikes you or someone you know, call 9-1-1 for medical assistance as soon as possible. The following are things you should check when you attempt to give aid to a victim of lightning:

**Breathing** - if breathing has stopped, begin mouth-to-mouth resuscitation.

**Heartbeat** - if the heart has stopped, administer CPR.

**Pulse** - if the victim has a pulse and is breathing, look for other possible injuries. Check for burns where the lightning entered and left the body. Also be alert for nervous system damage, broken bones and loss of hearing and eyesight.

After the storm passes remember to:

- Never drive through a flooded roadway. Turn around, don't drown!
- Continue to listen to a NOAA Weather Radio or to local radio and television stations for updated information or instructions, as access to roads or some parts of the community may be blocked.
- Help people who may require special assistance, such as infants, children and the elderly or those with access or functional needs.
- Stay away from downed power lines and report them immediately.

# Department of Public Works

## City of Laconia COMPOST BIN SALE



**ORDER FORM – MUST BE RETURNED BEFORE APRIL 2, 2012**

ITEM	QUANTITY	UNIT PRICE	TOTAL
Earth Machine Compost Bin		\$52.00	

Make checks payable to the City of Laconia – return to Ann Saltmarsh, Laconia DPW,  
27 Bisson Avenue, Laconia, NH 03246 (Phone #: 528-6379)

**Earth Machine Composters are a \$100.00 value!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

(will call when received/2-4 weeks after 4-2-12) Compost bin order forms are also available at the following locations: Dept. of Public Works, Laconia Library, SAU Office, Parks & Rec. Community Ctr., and in City Hall at the City Clerk's Office, the City Manager's Office and the Planning Department.



### NOTICE

The City of Laconia Hilliard Rd. Brush Dump will be open effective **April 4, 2012** until further notice on Wednesdays, Fridays and Saturdays 8am to 3pm.

For questions or info, please call Ann at 528-6379.

*We hope you have enjoyed this Edition of Laconia Links*

*We welcome your input, comments and suggestions!*

Feel free to contact us at the City Manager's office, 527-1270, or by e-mail at [info@city.laconia.nh.us](mailto:info@city.laconia.nh.us)

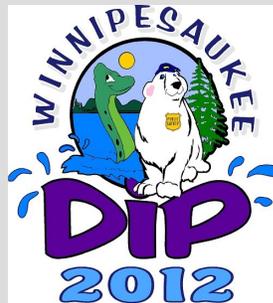
*Have a great weekend!*

Scott Myers, City Manager  
City of Laconia  
City's Website: [www.city.laconia.nh.us](http://www.city.laconia.nh.us)



## Reminder:

# Laconia Police Department



[Link to Laconia PD here](#)

On Sunday, April 1st, 12 noon, join members of NH's law enforcement community and jump into the state's largest lake, all for a good cause! This year's event will be held at the Margate Resort in Laconia, and will support Special Olympics New Hampshire. Each dipper will raise a minimum of \$250 to participate.

The event is open to anyone wishing to raise money for this great cause. Please come support Chief Christopher Adams, former Chief Michael Moyer, Sergeant Gary Hubbard, Officer Ben Black and Detective Robert Cameron. If you would like to participate or sponsor one of the team members, please contact:

Chief Adams at [cadams@laconiapd.org](mailto:cadams@laconiapd.org), or 603-524-5257, Ext. 224.