



Stewart Park, Downtown Laconia

Laconia Links

April 22, 2016 - Edition #233

Recycling Update

2 Week Total - March 28, 2016 through April 8, 2016					
Fiscal YTD Recyclables Collected = 1,130.89		Savings to Taxpayers Fiscal YTD * (@ \$150/ton) = \$169,633.50		Lost Opportunity Dollars Fiscal YTD = \$41,637.00	
Route	Total Tons Collected (MSW + Recycling)	Total Tons Recyclables	Percent Recycled	Tonnage Required to Reach 30% Target	2 Week Lost Savings By Not Reaching Target
Remote Sites		21.38			
Monday	26.71	4.77	17.8%	8.01	\$486.00
Tuesday	36.51	9.51	26.0%	10.95	\$216.00
Wednesday	38.43	7.54	19.6%	11.53	\$598.50
Thursday	35.12	7.76	22.1%	10.54	\$417.00
Friday	35.59	6.62	18.6%	10.68	\$609.00
	Total = 172.36	Route Total = 36.20	Curbside Ave = 21.0%	Total = 51.71	Total = \$2,326.50
*Fiscal Year to Date: 7/1/15 - present			Prior 2 Weeks = 22.3%	Recycling Saves \$\$	

Welcome to Laconia Links a weekly email newsletter update devoted to keeping you informed of City of Laconia department news, City projects, useful links, activities and events!

Look for a new edition of the newsletter each Friday. If you have already signed up to be on our distribution list to receive your newsletter by e-mail, thank you for your interest! If you would like to be added to our e-mail list (or to unsubscribe), please click [here](#).

As always, we welcome your ideas and comments as to what you would like to see included in future issues. Just give us a call in the City Manager's office at 527-1270, or contact us by e-mail at info@city.laconia.nh.us

We look forward to keeping you up to date on our beautiful City!



Are you interested in the City of Laconia's Adopt-A-Spot Program?



Deadline for application is April 29th

Click [here](#) for details!

Laconia Public Library Upcoming Events.....



Teens! Triple Movie Vacation Week!

Join us at 1:30 pm each of the days shown below in Laconia Rotary Hall! Admission is free for teens in grades 6-12.

Tuesday, April 26: "Star Wars I: The Phantom Menace"

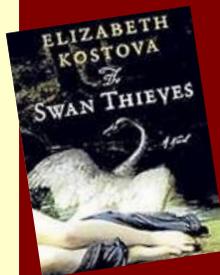
Wednesday, April 27 "Star Wars II: Attack of the Clones"

Thursday, April 28 "Star Wars III: Revenge of the Sith"



Movies & More for Kids! Special Vacation Week Movie

Friday, April 29 at 3:45 pm
Laconia Rotary Hall
"Alvin and the Chipmunks: The Road Chip" rated PG.
Snacks will be served and admission is free. Kids under 10 must be accompanied by a responsible caregiver 14 or older.



The Art of Reading: A Little Fiction and a Lot of Intrigue

Tuesday, May 3, 7:00 pm
in Laconia Rotary Hall :
"The Swan Thieves" by
Dana Kostova.

Discussion leader: Maren Tirabassi

Upcoming Meetings...

Keeping the public updated and aware of what's going on in our community and receiving residents' feedback is an important goal of the City Council. Check each week's issue of *Laconia Links* for a schedule of the upcoming week's meetings. As agendas become available, they will be posted to the City's website.

You can also contact any of the City's departments for more information on a meeting or to obtain a printed copy of the agenda. Meetings are open to the public. You are invited and encouraged to attend and provide input.

Follow this [link](#) to the "Calendar" page of the City of Laconia's website. Click on a specific meeting for more information.

Please check the "Calendar" page often for updated info and changes.



*Become involved in your City
and make a difference!*

Meeting
in
Progress

Airport Appointive Agency

April 25, 2016, 6:00 pm
City Hall, Room 200A

City Council

April 25, 2016, 7:00 pm
City Hall, Room 200A
[Agenda](#)

Minor Site Plan

April 27, 2016, 2:00 pm
City Hall, Room 200A

Water Commission

April 28, 2016, 8:00 am
Water Treatment Facility
Conference Room, 117 Stark St.

Laconia Parks & Recreation

Come celebrate Arbor Day with the Parks and Recreation Department on April 29th at 1:30 pm at Sanborn Park when we will plant trees to beautify the park!



FRIDAY, APRIL 29

We also encourage residents and businesses to participate by planting something beautiful in their own yards & gardens this spring.

Please plan to join us so you can say "I was there when that tree was planted!"

2nd Annual Lakes Region Inter-Faith Prayer Breakfast



"Many Voices, United in Prayer"

St. André Bessette Parish Hall
31 Gilford Avenue
Laconia, New Hampshire
(Located on Sacred Heart Church Campus)

Thursday, May 5th, 2016

~National Day of Prayer~

Doors Open 7:30 am
Breakfast Served 7:45 am
Program Begins 8:40 am
Program Ends 9:59 am

Tickets are \$12.00 per Person.

Contact: Greg Partamian at (248) 410-1991 (cell)
or by email: gregpartam@gmail.com

Net proceeds to support: Belknap House. Website: www.belknaphouse.org

Philosophy

The National Day of Prayer enables us to recall and to teach the way in which our founding fathers sought the wisdom of God when faced with critical decisions. It stands as a call to us to humbly come before God, seeking His guidance for our leaders and His grace upon us as people.

The Lakes Region Inter-Faith Prayer Breakfast was started as a means of bringing together people of different backgrounds and affiliations to celebrate the blessings of the year and join in inclusive fellowship for the spiritual renewal of community, state and nation.



Curtains Without Borders



Curtains Without Borders is a non-profit organization that has been documenting and restoring historic stage scenery for almost 20 years.

Christine Hadsel, the organization's director, will introduce some of the history her group has restored during a presentation Wednesday, April 27 at 3 p.m. in Taylor Community's Woodside Building.

The program is free, open to the public and being presented in collaboration with the Laconia Historical and Museum Society.

Christine is also the author of the book, "Suspended Worlds: Historic Theatre Scenery in Northern New England."

The organization has found 500 grand drapes, advertising curtains and backdrops in Vermont, New Hampshire, Maine, New York and Massachusetts to name a few. To date, their team of conservators has restored about 300 of these historic items, which were created between 1880 and 1940. Included are two from Laconia: The Moulton Opera House Grand Drape and the Lakeport Opera House Grand Drape. The Colonial Theatre Drape is scheduled for restoration in 2017.

April Vacation Week

MONDAY, 4/25

Middle School Age Basketball 1:00 - 4:15pm

Elementary Times
Middle School Times
High School Times
Any Age



TUESDAY, 4/26

Middle School Age Basketball 1:00 - 4:15pm



WEDNESDAY, 4/27

Elementary Open Gym 1:00 - 4:15pm

Arts n Crafts for all ages 3:00 - 4:15pm



THURSDAY, 4/28

High School/College Basketball Time 1:00 - 4:15pm

FRIDAY, 4/29 (Happy Arbor Day)

Come fly your model airplane 10:00 - 12:00 ~ \$2.00

Bring your own plane!!!

Arbor Day Celebration (see next page)

High School/College Basketball Time 1:00 - 4:15pm





Developmental Screening:

ensuring your child's brightest future

Developmental screening is important for all young children. "Watch Me Grow" (coordinated by the NH Dept. of Health & Human Services) is a free program for families of children ages birth to six years. Like a yardstick, developmental screening helps families measure their child's development through the early years to ensure their brightest future.

Signing up is simple:
Just click [here](#) for more information!



603-271-1188 | info@wmg.org | Copyright © 2015 - Watch Me Grow

We make it better.

PANCAKE BREAKFAST—Fundraiser

Saturday May 14th



Laconia Senior Center will Host a Pancake Breakfast to benefit the unfunded portion of the Meals On Wheels Program. Join us on **Saturday May 14th between 8:30 am and 11:30 am at the Senior center on 17 Church Street, Laconia**. Help us support some of the folks in our community, who so badly need this service and cannot afford it.



- Pancakes & Maple Syrup
- Sausage & Eggs
- Juice & Coffee
- \$5.00 Donation
- Under 5 free



City of Laconia Spring Leaf Pickup!

During the weeks of May 9th and May 23rd, the City's solid waste contractor (Casella Waste) will pick up an additional 10 bags of leaves/yard waste during these 2 weeks – on your normal trash day. Please note that yard waste will be collected by a separate truck **NOT** the normal trash collection truck.

All materials must be placed in paper compostable bags. Please place bagged yard waste at least 3 feet away from your trash.

Laconia residents may also bring leaves/yard waste to the composting area at the Laconia Transfer Station FREE of charge. Hours of operation are: Mon.-Fri. 7:30 am to 3:30 pm and Saturdays from 8:00 am to Noon. Questions? Please call Ann at 528-6379, ext. 300.



Friendly Reminder!

**Dogs are due to be licensed
by April 30, 2016!**

Failure to register by April 30th is a violation of RSA 466:13 and subject to a Civil Forfeiture of no less than \$25 in fines and court fees plus any late fees.

Please come into the City Clerk's Office, or use our convenient on-line service (click [here](#)).

Fees are as follows for licensing:

Altered dog (or puppy under 7 mos. old)	\$6.50
Unaltered dog	\$9.00
Senior (1st dog for owners over 65)	\$2.00
Replacement tag	\$1.00
Late charge per month as of June 1	\$1.00

Questions? Call
the Clerk's Office
at 527-1265



NEWS

From the City Clerk's Office



It's Not Too Early to Get Your 2016 Boat and Jet Ski Registration!

Did you know you can process your boat and/or jet ski registration at the same time as you conduct other business at City Hall? It's easy and convenient! Just bring in your photo identification and prior year's registration (if you have it) and we can get the paperwork out of the way. No waiting for your registration to get mailed back to you!



Get it done early and conveniently at the
City Clerk's Office.
We are open Monday through Friday from
8:30 a.m. to 4:30 p.m.

Questions? Please call
the City Clerk's
office at 527-1265.



****Please make checks payable to City of Laconia** In accordance with RSA 270-E:5, II (c) an additional \$6 will be collected for each registration processed as an authorized agent .**

the
WINNIPESAUKEE
playhouse

TILTING GROUND

BY GUY HIBBERT

TROUBLE COMES HOME



April 21 - 24

winnepesaukeeplayhouse.org | 603.279.0333

International
Film Series
sponsored by:
Laconia Human
Relations Comm.
& Laconia
Public Library

APARAJITO

Monday, May 2

Time: 6:30 P.M.

Laconia Public Library



■ A Bengali boy is determined to go school,
but struggles with classes and work in Calcutta.

- ◆ Free and open to the public ◆ Informal discussion to follow the film
- ◆ Light snack will be provided ◆ Feel free to bring a cushion for a chair

For more information contact:

Leonard Campbell
lcampbell@nh-cc.org

Carol Pierce
newdynam@aol.com

You're invited to....

Moonlit Walk

Friday, April 22, 7:00-8:30PM



Our environmental educators will guide you on a moonlit walk and encourage you to use your senses to explore Prescott Farm in a different and special way. You will learn to identify several constellations in the night sky, discuss the habits of several nocturnal animals, and practice your own night vision abilities. Please wear boots and dress appropriately for the weather. All ages welcome.

Cost: \$10 (\$8 Members of Prescott Farm)

Reservations are required -

Call 366-5695 or go online to save your spot today!

Prescott Farm
Environmental Education Center

"Through preservation and education, Prescott Farm celebrates the interconnections between our community and the natural systems that sustain us all."

928 White Oaks Road, Laconia, NH 03246 • (603) 366-5695 • Fax: (603) 366-5720 • info@prescottfarm.org
www.prescottfarm.org

LRCS
**FAMILY RESOURCE
CENTER**
Empage. Empower. Inspire.

Nurturing Skills for Families

THURSDAY MORNINGS – 11:00AM TO 1:00PM OR THURSDAY EVENINGS – 6:00 TO 8:00 PM

Four 5-6 week modules, plus a one-time orientation

Module dates:	Module Focus
May 5 (orientation) May 12 May 19 May 26 June 2 June 9	Understanding Children's Growth & Development Overview of children's growth and development; understanding the importance of nurturing, predictable family routines. (5 week module)
Fall 2016	Developing Empathy & Self-Awareness The importance of empathy and techniques for managing feelings anger and stress. (5 week module)
Fall 2016	Positive Discipline Practices & Techniques Discipline is based on respect, empowerment, caring and cooperation. Learn the power of nonviolent discipline practices and techniques. (5 week module)
Winter 2017	Developing Personal Power & Keeping Kids Safe Learn positive ways to manage behavior and examine choices that keep all members of the family safe and healthy. (6 week module)



Attend one module or all 4! You can start with any module and still complete the series.

Choose day or evening classes!

Thursdays 11:00am-1:00pm, lunch included OR Thursdays 6:00-8:00pm, dinner served at 5:30
Participation is free. Satisfies court-mandated parenting class requirements.

Limited on-site childcare and assistance with transportation available upon request.

Orientation, pre-assessment & post-assessment surveys are part of the series.

To register: Contact Tricia T. at 528-0391 or email tricia.tousignant@lrcc.org

Classes held at the Family Resource Center, 719 No. Main Street, Laconia, NH





WildQuest Spring Camp

At Prescott Farm

Monday - Friday, April 25-29, 2016; 9:00-3:00

\$47/\$235 (per day/week) or \$37/\$185 for Members
For children ages 6-12. Extended care is available.

Spring is here—time for mud, new green shoots, and salamanders. There are so many changes happening this time of year—what an exciting time to get outside and explore our gardens and woods!

Depending on the weather, the week will be a mix of:

- Game (game)
- Climbing
- Water
- Planting
- Epic on-trail hiking adventures
- Ponding & exploring vernal pools

Click **here** for Registration Form!

Please bring your mud boots, backpack, water bottle and a change of clothes!

NEW! Kids' Long Sleeve T-shirt

Moss green with Prescott Farm logo across the chest
Please see reverse for ordering information...



Member of:
NEW HAMPSHIRE
CAMP ASSOCIATION



You can register by the day or for the full week.

PLEASE NOTE THAT REGISTRATIONS, DEPOSIT AND PAPERWORK MUST BE RECEIVED BY APRIL 18 OR A \$25 LAST-MINUTE REGISTRATION FEE WILL APPLY! See Policies on pg. 3-4.



Prescott Farm
Environmental Education Center

"Through preservation and education, Prescott Farm celebrates the interconnections between our community and the natural systems that sustain us all."

928 White Oaks Road, Laconia, NH 03246 · (603) 366-5695 · Fax: (603) 366-5720 · info@prescottfarm.org
www.prescottfarm.org

LRCS
FAMILY RESOURCE
CENTER
Engage. Empower. Inspire.

Cooperative Co-Parenting

A free four-part series for non-married, separated, or divorced parents, and other caregivers, raising children together who share separate households.



Discussion Includes:

- Coping through Separation and Transitions
- Skills Training for dealing with stress and anger
- Positive Communication Strategies
- Tools to reduce conflict in the life of your child, and yours
- Negotiating Agreements
- Mediation and Guardianship
- Conflict Resolution

When: Tuesday evenings from 6:00-8:00 pm, Dinner served at 5:30pm.

4 week series begins May 10, 2016

Where: The Family Resource Center, 719 No. Main Street, Laconia, NH

Lead Facilitator: Tammy Emery

Presenters: Jay Apicelli, MS, Family Mediator and Human Services Educator,
Rob Hunt, Attorney At Law

To register: Contact Tricia T. at 528-0391 or e-mail tricia.tousignant@lracs.org

Limited on-site childcare and assistance with transportation available upon request.



Laconia Parks & Recreation



The City of Laconia is the first community in the State of New Hampshire to be awarded the "Growth Award" along with the yearly Tree City USA award!

The Tree City USA Growth Award recognizes environmental improvement and a higher level of tree care in communities evidenced by additions or significant improvements to their tree program over the past year. This is the 26th year the City of Laconia has been recognized as a Tree City USA!

Parks Saving the Monarch



Our Parks and Recreation Department will be working to create and restore monarch habitats in our community. Stay tuned to follow their progress and watch for the return of this beautiful butterfly in your neighborhood!



◆ EVENING BRIEF ON PAIN RELIEF ◆

When pain is impacting your life, it can be useful to explore your options for helping to deal with your symptoms.

Meet local community experts with skills and tools to help you manage pain and live a healthy life.

TOPICS WILL INCLUDE

- ◆ Acupuncture ◆ Hypnosis
- ◆ Other therapeutic pain management options

Two locations to choose from

Wednesday, May 4
6:00-7:30 p.m.

Lakes Region General Hospital

Wednesday, May 11
6:00-7:30 p.m.

Franklin Regional Hospital

Speakers will include:

Dr. Jonathan Lee- Advanced Orthopaedic Specialists
 Dr. Brian Paterson- Holistic Health Center, LRGHealthcare
 Brenda Wentworth- Certified Hypnotist
 Melissa Lee- Community Health Improvement Specialist, LRGHealthcare
 Carolyn Muller- Community Health Improvement Specialist, LRGHealthcare

To register please call:

527-7120

LRGHealthcare
core. compassion. community.

Bip Boppity Boutique

A charitable formal wear program for teen girls

Add some magic to your prom experience!

Join an **Elite**, ever-growing group of girls, who have already participated in BipBoppity's first annual, **Pay It Forward** program! ➔

Pick from hundreds of **beautiful** new & used dresses, **Graciously** donated by various community sources, and accessorize it with shoes, jewelry, and special service discounts available **ONLY** to Pay It Forward participants!

Everything is absolutely FREE!

For more info, or to make an appointment, contact Kimberly Ainsworth
 BipBoppityBoutique@gmail.com 603-630-8510

Donations Accepted at:

Laconia Community Center
 306 Union Ave.
 Laconia, NH 03246

Mon. - Fri. 8:30AM - 4:30PM
 (closed from 12:00-1:00PM)

Find us on facebook!



NH HUMANE SOCIETY
 Laconia • New Hampshire

Pet of the Week: Casey



Meet Casey, a truly beautiful Walker Hound. Yes, there is such a breed; think tall Beagle!

Casey hails from Maine. She was bounced from two former homes through no fault of her own. She has not proven to be much interested in hunting, which was the expectation. Needless to say, we could sing the old Elvis song, "she ain't never caught a rabbit" but she does want to be a friend to humans who will care for her and love her. Casey is in her prime about four years old, not quite sure of herself but blossoming under the constant positive care of our staff at the New Hampshire Humane Society.

One look into her soft brown eyes will surely render you smitten and wanting to give Miss Casey that special place in your heart and home. She's a good girl in the home and has those urges outside to track and chase.

Preferable living arrangements would be a less rambunctious home if possible. Call 524-3252/www.nhhumane.org

www.nhhumane.org 524-3252 [facebook.com/nhhumane](https://www.facebook.com/nhhumane)

City Manager Updates

The following update has now been posted to the City's website to keep you up-to-date and informed on what's happening in your City!

Be sure to check out the [Project Updates](#) report which provides a concise update of projects in the community. In this report you will find everything from road projects proposed for 2016 to the latest information on the Master Plan update.



We hope you find this report helpful and informative!

Contact the City Mgr's office at
527-1270, or
info@city.laconia.nh.us



Laconia's 6th Annual Pooch Parade

Saturday, May 7, 2016

WOW Trail - Elm Street Entrance - Lakeport Square

Bow WOW Fest for the NH Humane Society!

- 8:45 - 10:00 Registration - Vendors - Special K-9 Guest "Lucky Jr." from Sanborn's Auto Pet Costume Judging Immediately After Registration
- 10:00 Pet Blessing
- 10:15 - 11:00 K-9 Demonstration & Puppy Bowl with Doggonit Training
- 11:30 Prizes Awarded & Raffle Winners Announced
- 12:00 Parade on the WOW Trail, Wrap-up and final visit to Food Court & Vendors

Pre-registration for dog walkers only (deadline: April 29). \$10 with free t-shirt; thereafter, \$10 registration & \$5 t-shirt. Additional t-shirts, \$10 to benefit the NH Humane Society. All registration monies benefit the NH Humane Society. Find forms at wow.trail.org or www.nhhumane.org or register online at nhhumane.org. Mail completed form to NH Humane Society, PO Box 572, Laconia, NH 03247. Please make checks payable to NH Humane Society. Questions? Contact Molly Lounsbury, NHHS, 524-3252 x 309 or Ann Saltmarsh, Laconia DPW, 528-6379 x 300

REGISTRATION INFORMATION:

Walker's Name	Click here for full-sized version of the form!
Street Address/City	
Home Phone	
E-Mail Address	
Dog's Name/Breed	
T-shirt Size (Adult)	

In consideration of my participation in the BOW-WOW Fest, I hereby for myself, my heirs, and administrators, assume any and all risks that might be associated with this event. I waive and release any and all rights and claims for damages that I may have against the organizers and any others connected with this event, their representatives or their successor's for any and all injuries or damages of any kind whatsoever suffered by me or my animals and I agree to permit the free use of my name and/or picture in any broadcast, telecast, or other account of the event.

Signature: _____

Children under 16 must be accompanied by an adult.

Mark your calendar or cut here for your REMINDER!

Bow WOW Fest for the NH Humane Society is Saturday, May 7, 2016
Lake Opechee Inn Parking Lot, 62 Doris Ray Court, Lakeport

- 8:45 - 10:00 Registration and Vendors
- 10:00 Pet Blessing
- 10:15 - 11:00 K-9 Demo & Puppy Bowl
- 11:30 Prizes Award & Raffle Winners Announced
- 12:00 Parade on WOW Trail, hot dogs, chips, beverages and popcorn available to purchase for lunch!



Laconia Police Department

[Link to Laconia PD here](#)



Coffee with a Cop

You are invited to join Chief Adams at the **Laconia Police Department on April 28th at 10:00 am** to kick off Laconia's next **Coffee with a Cop** event!

It is a simple concept. Police and community members come together in an informal, neutral space to discuss community issues, build relationships, and drink coffee. In over 175 cities and towns in 36 states, "Coffee with a Cop" has done wonders for community trust, police legitimacy and partnership building. Community members come to a local "Coffee with a Cop" for a variety of reasons, but no matter why they come to their community's event, they are likely to leave with a more positive impression of their local law enforcement agency.

One of the keys to "Coffee with a Cop's" success is that it removes the physical barriers and crisis situations that routinely define interactions between law enforcement officials and community members. Instead, it allows for relaxed, informal one-on-one interactions in a friendly atmosphere. This informal contact increases trust in police officers as individuals which is the foundation to building partnerships and engaging in community problem solving.

Please plan to join us!



You're Invited!

Storytelling and Free Book Giveaway
Featuring Children's Author/Illustrator,
Marty Kelley

**Monday,
May 16, 2016
6:00pm**

Light Refreshments Provided

**LRCS, Family
Resource Center**
719 North Main St.
Laconia, NH
Questions? Call 528-0391 or
email
tricia.tousignant@lrsc.org

- Share stories, take home new books!
- Meet author, Marty Kelley for a FUN storytelling for kids & parents
- At the event, every child will get to choose 2 NEW BOOKS to keep!
- There will be hundreds of books to choose from.
- All kids age 0-13 welcome!



LRCS
**FAMILY RESOURCE
CENTER**
Engage. Empower. Inspire.

NEWS - TALK - LOCAL SPORTS
WEMJ
FM 107.3 AM 1490

WEMJ will present another **Community Forum** on Wed. April 27th from 6:00 to 8:00 pm at Hectors Restaurant and Lounge, Beacon St. West in Laconia.

It will be broadcast live on **FM 107.3-AM 1490**. It will also stream live on LaconiaLocal.com.

The topic will be the construction of the Community Corrections Facility to be built on the grounds of the Belknap County Jail at 34 County Drive in Laconia. The forum will be moderated by WEMJ's Dave Emerson and Pat Kelly. Invited participants joining Pat and Dave will include Belknap County Commissioners DeVoy, Taylor and Burchell, Sheriff Craig Wiggin, and Corrections Superintendent Keith Gray, among others.

These monthly **Community Forums** are designed to discuss and share opinions on local issues important to our community, with the intent of finding a consensus. All **Community Forums** are an open discussion...not a debate. The public is invited to attend and encouraged to participate.

Laconia Parks & Recreation

Did you know?



Pollinators are vital for both wildflowers and crops. Without them, about 85% of plants would be unable to produce seeds or fruits. Bees, butterflies, hummingbirds, moths, wasps, flies, beetles, and even a few bats are some of the animals that move pollen between flowers, enabling them to produce seeds.

The ecological service these pollinating animals provide is necessary for the production of over 85% of the world's flowering plants. The resulting seeds and fruits provide food for countless other animals ranging from songbirds to grizzly bears.

Pollinators are also essential to human life. Consider for a moment that approximately one in three bites of food and beverage required the presence of a pollinator. Almost all fruit and grain crops require pollination. That is more than 150 food crops in the United States; over 200,000 flowering plant species are dependent on pollination. Without pollinators, there would be no apples, pumpkins, blueberries, or many other fruits and vegetables. Only wind-pollinated crops such as corn and wheat would remain.



Click [here](#) for our Conservation Commission website

Conservation Commission News...

Tick Tips: Information and Best Practices to Keep You and Your Family Safe and Healthy

By Jeremy DeLisle, UNH Cooperative Extension Education Center Program Coordinator

Note: The information provided in this article has been adapted from [The Biology and Management of Ticks](#) by Alan Eaton, Ph.D., UNH Cooperative Extension Entomologist.



Q: My family loves to spend time during the warmer months in our yard and walking in the woods, but I'm increasingly concerned about ticks and tick-borne illnesses, like Lyme disease. What can I do to minimize risks? - Betty G., Manchester, NH

A: Dealing with ticks and tick-borne illness is a reality for many people in New Hampshire who enjoy spending time outdoors. According to 2014 data from the U.S. Centers for Disease Control and Prevention, New Hampshire ranks seventh in the nation in the number of Lyme disease cases reported per 100,000 people. Fortunately, you can minimize the risk of tick bites and tick-borne illness with some basic information and good practices.

Although New Hampshire is home to several different [species of tick](#), it is the black-legged tick, also known as the deer tick, that transmits Lyme disease in the state. While tick activity begins as soon as snow melts and temperatures rise above 40 degrees, the threat posed by black-legged ticks is highest from May to mid-July, during their juvenile or nymphal stage, and again from October to December, when they are adults.

Dress for protection

When in tall grass and wooded, brushy areas that are prime tick habitat, protect yourself taking these steps:

- Wear shoes that completely cover your feet (no sandals)
- Tuck long pants into your socks
- Consider wearing gaiters, which are made of stretchy material that fits over the laces and tops of boots, or tall rubber boots that can hold tucked pant legs securely
- Wear a long sleeved shirt with snug collar and cuffs and tuck it in at the waist
- Choose light colored clothing, which will make ticks more visible
- Consider applying an insect repellent or wearing repellent-treated clothing

During tick season it's good practice to monitor yourself, your children, and your pets for ticks every day. Use a full length mirror or ask a family member to help check for ticks on your back and other difficult to see areas. Don't neglect your head, especially if you have long hair. Ticks tend to crawl upward, and if they can't get inside your clothing, they will end up on your head or neck.

Dry, mowed vegetation are tick-free zones

There are a number of steps you can take on your property to make vegetation and leaf litter dry out faster, which will make it less favorable for ticks. Keep your lawn trimmed, and mow a strip between play areas and thick brush. Removing dense brush is also helpful.

(Continued on next page)



Click [here](#) for our Conservation Commission website

Conservation Commission News...

Tick Tips: Information and Best Practices to Keep You and Your Family Safe and Healthy (Continued from previous page)

A second technique is to reduce human contact with the tall grass or thick brush that holds ticks. Widen paths through the woods, move play equipment away from the woods edge, and mow the edges of paths. You might consider using black plastic landscape netting or other fencing to limit people from walking into thick vegetation along paths.

Pesticides can reduce outdoor populations

There are many products that can be sprayed outdoors to kill ticks. The pesticide label will indicate where and how these should be used. The perimeter of yards, shaded perennial beds, along woods trails, and stone walls are important target areas. Lawns are not important areas to spray because they are too dry for tick habitat. A sprayer that has enough pressure to turn over leaves and vegetation and reach into crevices is most effective. You may want to consider hiring a professional pesticide applicator.

Removing ticks safely requires patience and skill

Should you find an attached tick, use tweezers to grasp the tick rather than using bare fingers to avoid potential contact with a disease-causing organism. Firmly grasp the tick as close to its head as possible, and pull gently, using slow, steady pressure. Do not yank it or pull it sideways, since this could cause its head to break off inside the wound. It might take as long as a minute or two for removal.

Some people find it easier to use a plastic tick spoon specifically designed for tick removal. You slide the spoon under the attached tick, fitting its mouthparts into the v-shaped notch. Then hold the body of the tick down with your thumb, and gently roll the handle of the spoon down, using leverage to pull the tick out. Be careful to fit the mouthparts into the smallest part of the notch, and do this as close to the skin as possible. If you are concerned it might be a black-legged tick and has transmitted a disease, place it in a container and send it to [UNH Cooperative Extension](#) for identification. Be sure to record the date and location of the bites. If possible, record the date and town where you probably picked up the tick to help identification.

If you would like to know more about ticks in New Hampshire, come to the Goffstown Ace Hardware at 5 Depot Street in Goffstown on Saturday, April 23 from 10 a.m. until 1 p.m. Rachel Maccini, a trained entomologist and Cooperative Extension's pesticide safety education program coordinator, will be providing information and answering questions.

Jeremy DeLisle is the program coordinator for the [UNH Cooperative Extension Education Center](#). The center answers questions about gardening and more at answers@unh.edu, or by calling (877) 398-4769 Mon.-Fri. between 9 a.m. and 2 p.m.



A Medication Collection and Disposal Box is located in the lobby of the Laconia Police Department for your convenience in disposing of old or unused prescription drugs in a safe manner. Open 24 hrs/day, 7 days/wk. The collection box is accessible 24 hrs a day, 7 days a week!





LAKES
REGION
SYMPHONY
ORCHESTRA

Benjamin Greene, Conductor



Spring Pops Concert
featuring the music of
**Andrew Lloyd Webber &
Rodgers and Hammerstein**

Saturday, May 14, 2016 at 7:30pm
Inter-Lakes Community Auditorium
Rt. 25 Meredith NH
Adults \$15, Students \$8

Special Guest:
**Plymouth State University
Vocal Quartet**
under the direction of
Emily Jaworski

Tickets and Info:

www.lroso.org

Sponsored by

E. M. Heath

Center Harbor

Shelton in Meredith



The Classic Musical!

GUYS AND DOLLS

THE WINNI PLAYERS MAY 5-8 .2016

GUYS AND DOLLS IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL (MTI). ALL AUTHORIZED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI. WWW.MTISHOWS.COM

MAY 5-8 • THURS - SAT 7:30PM • SUN 2PM

MUSIC & LYRICS BY FRANK LOESSER • BOOK BY JO SWERLING & ABE BURROWS

WINNIPESAUKEEPLAYHOUSE.ORG • 603.279-0333

THE WINNIPESAUKEE PLAYHOUSE • 50 RESERVOIR ROAD • MEREDITH, NH

Gale to Goss



Do you know **HOW**
you can **increase**
your chances of
winning a **Kindle** at
the **Gale to Goss**
Annual Library
Walk?

Annual Library Walk

By attending the awesome events (dinner included) in partnership with

Project EXTRA and the LRCS Family Resource Center,

you automatically receive **5 EXTRA** tickets per family!

April 6th at Pleasant Street School ~ April 7th at Woodland Heights School

April 21st at Elm Street School ~ May 5th at Woodland Heights

All events begin after dinner is served at 5:00 pm

The Annual Goss to Gale Library Walk is Saturday, May 14th from 10:00 to Noon.

You must be present to win one of two KINDLES



LRCS
**FAMILY RESOURCE
CENTER**
Empowering People

*The Timmons Team
4th Annual*

5k Run/Walk for Alzheimer's Research

LOCATION: Northfield, NH
(Winnepesaukee Trail, Surette Park)



Forget Me Not...

SATURDAY, May 21st, 2016
Registration starts at 8:00 a.m.

Money raised goes directly to research at Boston University Alzheimer's Disease Center. To register, donate or for more information, please visit www.thetimmonsteam.com. This event is open to the public and registrations are accepted on the day of the event.

Donations may also be submitted by check. Please make checks payable and mail to:

Timmons Team Alz. Run
BU Alzheimer's Disease Center (on memo line)
PO Box 284
Tilton, NH 03276



CITY OF LACONIA

BOARD & COMMISSION VACANCIES

Several of the City's Boards and Commissions have current vacancies; there are also some members' terms that will be expiring at the end of June. Current Board and Commission members currently holding those positions may request to be reappointed, but the public is also encouraged to apply if they are interested.

Please click [here](#) for details and a complete listing of available positions.

The deadline for receipt of applications is May 1, 2016.

The Winter Parking Ban has been lifted!

It's a sure sign of spring...the Winter Parking Ban previously in place prohibiting parking on a public street between 12 midnight and 6 am is no longer in effect.

Thank you for your cooperation!

Reminder!



The next recycling collection week begins Monday May 2, 2016!

News **From the Laconia Water Department**

HOLMAN STREET WATER LINE REPLACEMENT

Please click [here](#) for the Water Dept. website!



The Laconia Water Department will be relaying approximately 2,000 feet of water main on Holman Street, from Gale Avenue to just south of Downing Street over the next few weeks. The work is expected to be completed prior to Memorial Day when road reconstruction will begin.

During the initial part of this process, Holman Street will be closed to thru traffic between Gale Avenue and Shore Drive. Local traffic (properties between Gale Avenue and Shore Drive) will be allowed access from one end or the other, depending on the location of the work being performed. This is necessary to assure the safety of the traveling public as well as our workmen.

The Laconia Water Department would like to thank anyone inconvenienced by this traffic detour for their cooperation and understanding. Please stay tuned for further updates.

Public Works Department

PLEASE HELP SAVE THE SEWER SYSTEM

Your assistance is greatly appreciated!

All Laconia households play a vital role in preventing neighborhood sewer system blockages. Please do your part to protect and maintain the City's significant investment in the sanitary sewer collection system. Click [here](#) to find out what is not allowed to be disposed of in the toilet or down the drain, and the proper way to dispose of such items. Questions? Please call Matt Mooney, DPW, at 528-6379, Extension 303.



OPECHEE GARDEN CLUB

A growing tradition in the Lakes Region

Opechee Garden Club Welcomes "Mr. Lilac", Guy Giunta, on May 2, 2016



Did you know that New Hampshire's oldest purple lilacs were located circa 1750, in Portsmouth? It was eventually determined that these lilacs were imported from England, and planted on the property of the Wentworth-Coolidge Mansion by earlier settlers.

Other fascinating information, including lilac history, the care of lilacs, and the Lilac Commission will be presented by Opechee Garden Club's Guest Speaker, the Chairman of the New Hampshire Governor's Lilac and Wildflower Commission, Guy Giunta, Jr, on Monday, May 2, 2016, at 1:00 p.m., at the Gilford Community Church, 19 Potter Hill Road, in Gilford. The title of his program is simply, "Lilacs".

After moving from Massachusetts to New Hampshire in 1988, Guy began his career with the State of New Hampshire as the first and only employee of the Governor's Lilac Commission. Six months later he was moved to Roadside Development for New Hampshire. In 1990 he became a member of the Lilac Commission, and, in 1995, was elected its Chairman. Giunta became the Landscape Specialist Supervisor for New Hampshire DOT in 2001, a position he held until January of 2014, when he retired.

His nickname, "Mr. Lilac", evolved naturally. During his 25 years of working on roadside development, and as a landscape specialist, Guy planted, and/or supervised the planting of, an estimated 70,00 - 80,00 lilac plants on highway medians, along off-ramps, and in rest areas along Interstates 93 and 89. He also helped towns and organizations who requested lilacs and/or wildflowers for their gardens or landscape designs.

Giunta continues his mission to promote the nurturing of lilacs, and to educate New Hampshire citizens on the significance of lilacs to the State of New Hampshire. Most people know that the purple lilac is the state flower of New Hampshire, but many do not know that there was quite a lengthy contest as to which of many suggested flowers would become the "official flower". The lilac eventually won, as the flower was seen not only to be beautiful and fragrant, but also to represent the strong character of the men and women of the Granite State. Governor John Bartlett, of Portsmouth, NH, signed the lilac into law on March 28, 1919.

Hospitality Chairs, Carmel Lancia and Eileen Russillo, and their Committee; Cindy Anderson, Maureen Bastille, Gail Brewer, Eleanor Brouillard, Priscilla Clark, Jo Connelly, Linda Frawley, Elaine Gagnon, Betty Hovey, Jessie Lacombe, Clare Stinson, and Ann Woglom will provide refreshments and table décor. Members and their guests are encouraged to arrive early, 12:30 - 1:00 p.m., to visit with friends before the Business Meeting begins.

Opechee Garden Club meets at 1:00 p.m., on the first Monday of most months, at the Gilford Community Church, 19 Potter Hill Road, in Gilford. New members are always welcome!

Opechee Garden Club is a member of the New Hampshire Federation of Garden Clubs, Inc., the New England Region, and the National Garden Clubs, Inc.

Hepatitis C

Are you at risk?

Free Hepatitis C Testing Day
May 19, 2016

You are at risk...

- If you have shared needles or other equipment to inject drugs
- If you have body piercing or tattoos that were done in prisons, homes, or in other unlicensed or informal facilities.
- If you received a blood transfusion or organ transplant prior to 1992
- If you were born in 1945-1965

Laconia Family Planning is offering FREE Hepatitis C testing on 5/19/16 1:30-5:00 PM

Walk-ins are welcomed on testing day.

Testing Offered by:
Laconia Family Planning and Prenatal Program

Located at
Lakes Region Family Center
121 Belmont Road
Laconia, NH
603-524-5453

2016 NH State Parks Capital Campout

Have you ever wanted to spend a night camping in the great outdoors while exploring all there is to do at a State Park but didn't know where to begin?

In celebration of June Great Outdoors Month proclamation by Governor Maggie Hassan, join NH State Parks for our 2nd annual Capital Campout.

- **When:** Saturday, June 11 at 12:30 pm until breakfast on June 12. (rain or shine)
- **Where:** Bear Brook State Park, Allenstown.
- **What:** NH State Parks and partners have provided camping equipment, food, interpretive programming and outdoor activities. You just need to arrive with your family, personal items and ready for a fun camping experience.

RSVP/Information: Contact Eric Feldbaum for an application, 603-271-3556 or eric.feldbaum@dred.nh.gov. Space and equipment is limited.

Assistance for the Campout will be provided by Great Outdoors Month™ Founding Sponsor The Coleman Company, Inc., the Student Conservation Association, Wholefoods and Eastern Mountain Sports.



NHSTATEPARKS.ORG



Making Connections: **Creating a Toolbox for Thinking Outside the Box**

This four session series designed for providers in early childhood includes:

Family & Relationships by Jeanine Fitzgerald - July 13, 2016 - Family Resource Center

Curriculum by Laconia School District Staff - July 27, 2016 - Pleasant Street School

Child Development by Jeanine Fitzgerald - August 10, 2016 - MVSB Café/Huot Career Center

Intentional Language by Scott Noyes - September 14, 2016 - MVSB Café/Huot Career Center

Sessions will be held from 6:00 - 8:30 pm.

Participants will leave with a tool box of resources to support their work in Early Childhood!

SPONSORED BY:



What would you do if someone was bleeding, choking, having a stroke or heart attack?

Are you prepared to use a fire extinguisher?

Are you prepared for a power outage, fire or weather emergency in your home?

You can learn all this and more at the

FREE **Community Emergency Response Classes**

1st Class: Thursday, May 5th, 6:00-8:30pm

Various venues throughout the Lakes Region
 Classes to continue weekly for 9 weeks

For more information and registration, contact Kathleen Merriam, Coordinator of Volunteers at 528-2145 or email to: kmerriam@lrpph.org

Check out our web site on the www.lrpph.org/volunteer opportunities page

After classes are completed, there is an opportunity to apply for membership with the **Lakes Region Community Emergency Response Team (LR-CERT)**

Recently LR-CERT:

- Provided fire and police departments with food, water and traffic control in the vicinity of fires and hazmat situations
- Provided disaster preparedness educations to citizens in the Lakes Region
- Worked with EMS personnel at the Ironman Triathlon providing first aid and triage in the medical tent
- Assisted school based Flu Clinics in local school districts

A program of:



67 Water St, Suite 105, Laconia, NH 03246
 (603) 528-2145 www.lrpph.org



Don't forget !
ServiceLink
Resource Center
(1-866-634-9412 or
528-6945)....it's the first
number to call for
senior services.



BAKE SALE



DATE MAY 10th 2016

Place: Laconia Senior Center 17 Church ST.

Time: 9:00 am-2:00 pm

Benefit Meals on Wheels Program

Donations of \$\$\$ and or food welcome



*Laconia Senior Center is located at
17 Church Street in Laconia.
Questions? Call 524-7689*

*We hope you have enjoyed this
Edition of **Laconia Links***

*We welcome your input, comments
and suggestions!*

Feel free to contact us at the
City Manager's office, 527-1270,
or by e-mail at info@city.laconia.nh.us



Have a great weekend!

Scott Myers, City Manager
City's Website: www.city.laconia.nh.us



CITY OF LACONIA PHONE DIRECTORY

Assessing	527-1268
<i>Assistant Assessor - Deb Derrick</i>	
City Clerk.....	527-1265
<i>City Clerk - Mary Reynolds</i>	
City Manager	527-1270
<i>City Manager - Scott Myers</i>	
Code Enforcement.....	527-1293
<i>Asst. Planning & Zoning Dir. - Brandee Loughlin</i>	
Finance	524-3877
<i>Finance Director - Donna Woodaman</i>	
Licensing	528-6331
<i>Licensing Clerk - Hilary Young</i>	
Planning & Comm. Dev.	527-1264
<i>Asst. Planning & Zoning Dir. - Brandee Loughlin</i>	
Tax	527-1269
<i>Tax Collector - Lindsey Allen</i>	
Welfare.....	527-1267
<i>Welfare Specialist - Suzi McCormack</i>	
<i>Welfare Director - Donna Woodaman</i>	
Fire Dept. (Central Station)	524-6881
Fire Dept. (Weirs Station)	366-2229
<i>Fire Chief - Ken Erickson</i>	
Library	524-4775
<i>Library Director - Randy Brough</i>	
Parks & Recreation.....	524-5046
<i>Parks & Rec. Director - Kevin Dunleavy</i>	
Personnel	524-3877
<i>Personnel Administrator - Paula Baumohl</i>	
Police (Administration)	524-5257
Police (Crime Line)	524-1717
<i>Police Chief - Christopher Adams</i>	
Public Works (Main Office)	528-6379
Public Works (Transfer Station)	528-5822
<i>Public Works Director - Paul Moynihan</i>	
Water.....	524-0901
<i>Superintendent - Seth Nuttelman</i>	

City Council Contact Info:

Mayor Edward Engler	630-4484
Ava Doyle (Ward 1)	393-6533
David Bownes (Ward 2).....	524-4330
Henry Lipman (Ward 3)	528-0191
Brenda Baer (Ward 4)	524-6349
Robert Hamel (Ward 5)	524-6360
Armand Bolduc (Ward 6)	524-2514
E-mail: citycouncil@city.laconia.nh.us	

Visit the City's website at:
www.city.laconia.nh.us